

Dec 2023

CAB students visit Bristol Old Vic - Dugsi Dayz

We were invited by the Bristol Old Vic to see Dugsi Dayz at the start of November. We were lucky enough to be allowed to take 40 students from CAB.

It was an amazing opportunity to see so many role models, both actors, designers and back stage crew in this award winning play that is touring London. All the students thoroughly enjoyed play.



CAB Staff vs Year 11 Students



There was definitely some sore legs after the CAB Staff 4-1 win against the Year 11 students at the end of November. Goals were scored by Mr Grinter, Mr Knight, Mr Taylor and Mr Morrison.

Well done to everyone involved!

Important Dates

Term 2

First day of term for students
Monday 30th October 2023

Last day of term for students
Friday 15th December 2023

Term 3

First day of term for students
Wednesday 3rd January 2024

Last day of term for students
Friday 9th February 2024

Term 4

First day of term for students
Monday 19th February 2024

Last day of term for students
Thursday 28th March 2024

INSET Dates

Friday 29th March 2024
(Bank Holiday)

Parent drop in

Monday's 9.30am
Queries/Issues with
Free school Meals &
Parent Pay

December 2023

We the Curious - Stargazing at CAB

Students had hot chocolate and then had stargazing and stories of the stars outside followed by a presentation from we the curious. The team were keen to praise our students and make it known that people really care what CAB students think about space science. They played them some videos of some scientists (including an astronaut!) answering their science questions. A wonderful evening for staff & students.



Year 9 BIMA Digital Day with Torchbox

30 year 9 students took part in the BIMA digital day, which was led by Torchbox, a local digital marketing company. This is the second year we have taken part in partnership with Torchbox. The students were given a cinema based challenge where they had to help Vue improve their digital presence. The students had lots of fantastic ideas which they then went on to present in a Dragon Dens type format. The winning team's idea has been entered into the national competition.



December 2023

Year 11 Open to Options careers day - 22nd November

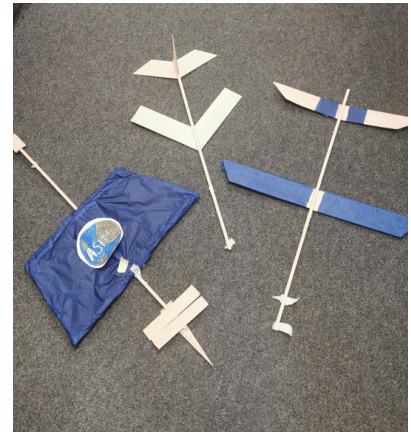


19 different employers and educational providers attended City Academy's Open to Options event for year 11. Students took part in speed interviews, asking our visitors about their education and career path and finding out information about how they can achieve their goals. They then spent a lesson within the careers fayre and speaking to everyone else.

A huge thank you to all our employers and colleges who attended and made the event so special with cupcakes, treats, pens, badges, notepads and leaflets. Students left feeling confident and inspired. Our visitors were impressed with the interesting questions students had and how engaged they were.

Airbus Aircraft Challenge with Small Piece Trust

45 students from years 7 and 8 took part in the Airbus Aircraft Challenge on Monday 27th November. Students worked in small groups to design, develop and make a small aircraft out of wood. Students had a fantastic time designing three aeroplanes and testing them out before starting to build a bigger scale plane. Ant from Small piece trust said 'the students have been brilliant and really enthusiastic and have come up with ideas he hadn't seen before.' The students designs were all unique and creative. These will be displayed in school for everyone to see.





Come And See Your School Nurse

Get confidential advice and support about:



Mental health and anxiety management



Healthy eating



Healthy Relationships



LGBTQA+



Drugs, alcohol and smoking



Dental health



Sexual health



Sleep



Physical health concerns



Toileting trouble

When: Thursday lunchtime—12:55-13:30

Where Room CEO3

You can also text our anonymous ChatHealth service using 07312 263 093: Mon-Fri, 9am-5pm.

For more info visit: bit.ly/ChatHealthCCHP

Your school nurse is



Your confidentiality

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we are concerned about your safety, but we would always try to speak to you first.

Service provided by



December 2023

The WEA is an Adult Education Charity offering many FREE courses for those on benefits or earning under 21k.

Step into Schools is a programme inclusive of 3 qualifications;

L2 Support Work in School and Colleges

L2 Meeting the needs of learner with ADHD in a mainstream school

L1 Mental Health Awareness

A portfolio of course completion.

CEIAG support, a work experience placement/ and or support in signing up with an employment agency.

Step into schools

www.wea.org.uk

Do you want to work in a school as a:

- Teaching Assistant?
- Lunchtime Assistant?

Enrol for 2024 courses!

Email Anita: agardner@wea.ac.uk

Whats app: 07920501197

Study with us!

Join classes to learn about how to work in schools and get experience working in a school for FREE*



strengthening families

strengthening communities



Every Thursday from 11th January 2024 for 11 weeks, excluding school holidays

9.30am to 12.00pm, Settlement Site, Ducie Road, BS5 0AX

A free, inclusive course to help parents and carers raise happy, confident children, from babies to teens

“Really helpful tools for supporting my child and building a happy home full of love and respect”

Parents:
self-refer
by scanning For more
the QR code:information or to
book, call Sally
on 0117 955 6971
extension 161



Professionals: find a referral form at
<https://form.jotform.com/222903517095355>



www.wellspringsettlement.org.uk | info@wsb.org.uk

Settlement Site, 43 Ducie Road, BS5 0AX - 0117 955

6971 Wellspring Site, Beam Street, BS5 9QY - 0117 304

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Ready for your family to have healthier habits?

Join BeeZee Families Live. A free, 12 week online healthy lifestyle course for you and your family.

Check out our timetable



5-8 year-olds Monday 5:30pm, Tuesday 4:30pm



9-12 year-olds Monday 6:30pm, Tuesday 6:30pm

Have fun, play games and build healthy habits



FELIX GIRLS

Fridays 3.30 to 5.30pm

Includes
Light Meal

Email jaiya@upourstreet.org.uk

Call 07572 708 293

A girls only play session at Felix Road Adventure Playground, facilitated by female playworkers.

Alongside free play there are a range of activities - **football / dancing / arts and crafts / listening and choosing music / cooking and making mocktails /** What happens at Felix Girls is led by the Girls who attend, so come along with ideas!

No need to book just turn up.

For more information

Girls over eight can come along unaccompanied or under eights with female carers. Dads and male carers will be asked to drop off and pick up (as long as the child is 8+).

We welcome trans and nonbinary children who may feel more comfortable in a girls-only space.



MAKING OUR DIGITAL FUTURE

Felix Road Adventure
Playground

DigiLocal Girl's Coding Club
every Friday after Felix Girls
between 5.30 to 6:30pm

Use the online form to enquire about a place: digilocal.org.uk/eoi



CHRISTMAS HOLIDAYS

@FELIX ROAD ADVENTURE
PLAYGROUND



FREE HOT MEALS AND LOTS OF FUN
ACTIVITIES THROUGHOUT THE HOLIDAYS



SCHOOL HOLIDAY OPENING TIMES

CHRISTMAS PARTY

Sunday 17 Dec, 1 to 5pm

CHRISTMAS HOLIDAY OPENING HOURS:

Mon 18 December to Thu 21 December,
12 to 4pm

FELIX NIGHTS, Wednesday 20
December, 4 to 6pm

FELIX GIRLS trip Friday 22 December
(please speak to a member of staff at
Felix Girls for more info)

(Term-time opening hours resume Mon 8
Jan 2023)

Food is fuel
for play and
throughout
the holidays
the playground
will be open
serving
fully funded
hot meals
cooked by
our wonderful
kitchen team.

**FREE HOT MEALS
FOR CHILDREN
AND YOUNG
PEOPLE**



Department
for Education

Find out all the latest information on
our Facebook page @Eastsidebris

Food and activities funded by Your Holiday Hub

FELIX GIRLS

Activities for December

FRIDAY 1 FRIDAY 8 FRIDAY 15 FRIDAY 22

Festive Mocktails



A collage featuring two photographs: one of three pink mocktails garnished with strawberries and another of a single mocktail in a glass with a straw and a red umbrella. The background is green with red and white snowflake graphics.

Chocolate Apples



A photograph of several chocolate-covered apples on a white tray, decorated with gold and silver sprinkles. The background is orange with green holly leaves and red berries.

Christmas Crafts



A photograph of hands making snowflake crafts on a wooden table. The background is green with red and white snowflake graphics and small Santa Claus icons.

Girls Group Trip



A graphic illustration of a yellow school bus. The background is orange with white snowflake graphics and a small purple snowman icon.

Ask at the playground for more information about the trips and how to attend.