

March 2023 - Term 4

## World Book Day

Staff got into costume and dressed up as several different characters to celebrate world book day 2023. Throughout the day, students had the challenge of "Spot the Teacher" and identifying all of the different characters. They also took part in a quiz "Guess the Reader" during tutor time to try and guess which member of staff was reading which book.



### Important Dates

#### Term 4

Tuesday 21st February to Friday 31st March

**Finish at 11.45am**

#### Term 5

Monday 17th April to Friday 26th May

#### Term 6

Monday 5th June to Friday 21st July **Finish at 11.45am**

#### INSET DAYS

Friday 7th July

#### BANK HOLIDAYS

May Day - Monday 1st May

King's Coronation - Monday

8th May

### REMINDER

**Students finish at 11.45am on Friday 31st March**

Year Group	Date
All Year Group Tutor Evening	Wednesday 19 <sup>th</sup> October
Year 7 Parents Evening	Wednesday 3 <sup>rd</sup> May
Year 8 Parents Evening	Wednesday 22 <sup>nd</sup> February
Year 9 Options Evening	Wednesday 25 <sup>th</sup> January
Year 9 Parents Evening	Wednesday 24 <sup>th</sup> May
Year 10 Parents Evening	Wednesday 8 <sup>th</sup> February
Year 11 Parents Evening	Wednesday 7 <sup>th</sup> December
Year 11 Parents Evening	Tuesday 21 <sup>st</sup> March

# Addams Family Show

They snapped their fingers! Everyone's favourite creepy and kooky family hit the stage in a frighteningly funny and fresh production of The Addams Family starring the brilliantly talented students from City Academy.

## Reporting Bullying Concerns

City Academy are against any forms of bullying. We want all students to feel safe, comfortable and happy throughout their CAB experience. To support our commitment to being an anti-bullying school, City Academy students are able to report bullying by clicking here: <https://forms.office.com/e/H083j73wua>

## Year 11 Drama Exam

All of the year 11 Drama candidates did incredibly well in the Scripted exams. They were so professional, focused and self disciplined in what was a very challenging practical exam. We are so proud of what they all achieved.



Performed over two nights to packed houses, this magnificently macabre musical comedy was supported by a cast and crew of more than 50 students from Year 7 to Year 10. That included Jason Menhinnitt from Year 9, who successfully managed the stage management team.

Students worked extremely hard to produce this eccentric and unconventional family show, giving up hours of their own time and rehearsing since last September.

Filled with wildly funny moments, the play focuses on a bizarre, macabre, aristocratic family who dance on the graves or their ancestors in order to raise them from the dead, intertwined with the love story of Wednesday Addams and a normal boy called Lucas.

Drama Teacher Rebecca Pearce, who directed and produced the show, said: "This must be the strongest, most committed and most creative cast and crew I have ever worked with.

"Thanks go to the team of amazing teachers and support staff who supported the show and made it all possible. All the actors have certainly taken ownership of their very quirky parts and are also extremely talented singers and dancers – I feel proud of what they have achieved."



March 2023

# Barcelona Trip 2023

Students at City Academy Bristol had to wait four years (due to Covid) to be able to visit Barcelona again with our famous Languages trip.

This year the school was thrilled to be able to offer the trip to our most disadvantaged students at a 50% discount, allowing students from all backgrounds to participate. It was clear from the beginning that we wanted the most accessible and diverse trip ever.

36 students with the support of 3 teachers and 2 support staff met in front of school at 4 am and arrived in Barcelona by 10.

Our first day was all dedicated to visit the famous Camp Nou, home of the Barcelona Football team. Students were amazed by the Barcelona FC Museum, full of history and cups. Special mention to all the golden boots awarded to Messi during his years wearing red and blue. Even more impressive was the changing room and the visit to the pitch.



The second day was dedicated to the visiting the Park Guell and the Sagrada Familia. Both are astonishing constructions created by Antoni Gaudi. The first is a park on the top of a steep hill that challenged our student's stamina. The second is one of the most famous cathedrals in the world, still under construction. After the busy day, our students were rewarded with "churros y chocolate", one of the most traditional Spanish snacks.

The last day we headed to the very top of the highest mountain in Barcelona city, the Montjuic. This time we used a cable car, and our students (and some teachers), had to face their own fear for heights! The sight from the top was incredibly rewarding, but we believe that what students enjoyed the most was the food at a local "chiringuito", a small traditional bar, nearby the top. Many students ordered food in Spanish and they even tried some Spanish tapas!

Our short, but intense, journey finished after we were rewarded with chocolate lollies by the hostel as we were on of the best groups they have ever hosted in 9 years! Our students were always polite and respectful, and extremely helpful after every breakfast and meal. It was a pleasure to see how well they were doing.

Our plane landed at midnight and students enjoyed a deserved Friday off after doing miles and miles of walking, visiting monuments and absorbing Spanish culture.

We cannot wait to plan our next trip abroad!

# Iceland Trip 2023

After a couple of years in the waiting, a group of City Academy students and staff finally made it to Iceland – a country that you can never get enough of. The unique landscape continuously sculpted by active movement of tectonic plates and glaciers earned Iceland the nickname of “The Land of Fire and Ice”. During our 5-days trip, we had the opportunity to visit some of the most dramatic and eye-catching landscapes on the country’s south coast, experience its March weather (from snowstorms to sunny clear-blue skies) and create unforgettable memories. From walking through the constantly widening gap between the North American and Eurasian Tectonic Plates in the Thingvellir National Park, timing the Strokkur Geyser’s eruptions and bathing in the Blue Lagoon Retreat Spa’s geothermal seawater to (literally) making butterflies on the Reynisfjara Beach’s black sand and climbing on its basalt columns are just a few examples. A country like no other - that is Iceland!

## Music Class Performance

Year 11 Music students put on a great show for students and visitors. They worked very hard to make the show a success.



## Noughts and Crosses Trip

Our trip to see Noughts & Crosses at Bath Theatre Royal with GCSE Drama and Performing Arts Students was a huge success and was greatly enjoyed by all. We were all gripped throughout.



# Incredible Kids

Registered Charity: 1151185

## ANY CHILD OR YOUNG PERSON WITH ADDITIONAL NEEDS OR A DISABILITY

Inclusive family play sessions in Bristol for children and young people with additional needs and their families. You don't need a diagnosis to join Incredible Kids.

Sign up for membership at

 [www.incrediblekids.org.uk](http://www.incrediblekids.org.uk)

 *Sessions need to be pre-booked. Only members can book sessions.*



**Incredible Kids** is a **life-line** to families with a child who has a disability or additional needs. **A place for families to spend time together where everyone is accepted.**



 [www.incrediblekids.org.uk](http://www.incrediblekids.org.uk)

 [twitter.com/incrediblekidz](https://twitter.com/incrediblekidz)

 [instagram.com/incrediblekidsbristol](https://www.instagram.com/incrediblekidsbristol)

 [facebook.com/incrediblekidsuk](https://www.facebook.com/incrediblekidsuk)

 [contact@incrediblekids.org.uk](mailto:contact@incrediblekids.org.uk)



# SPRING HOLIDAYS

## @FELIX ROAD ADVENTURE PLAYGROUND

### FREE PLAY, FUN, AND FOOD

#### OPENING TIMES

Sunday 2 April, 1 to 5pm

Monday 3 to Thursday 6 April, 12 to 5.30pm

Wednesday 5, 6 to 7.30pm (Felix Nights)

Good Friday 7 April, CLOSED

Sunday 9 April, 1 to 5pm

Tuesday 11 to Thursday 13 April, 12 to 5.30pm

Wednesday 12, 6 to 7.30pm (Felix Nights)

Friday 14 April, 1.30 to 5.30pm (Felix Girls)

Sunday 15 April, CLOSED

**OPEN ACCESS** is for children aged 8 to 14 years olds, free to come and play. Younger children are also welcome if supervised by an adult.

**FELIX NIGHTS** for children 11 - 14 year olds only.

**FELIX GIRLS** for 8 - 14 year old girls only.

Food is fuel for play and throughout the holidays the playground will be open serving funded hot meals for children cooked by our wonderful kitchen team. Funded meals are limited, arrive early to avoid disappointment on busy days.

**SUNDAYS** Gardening | **MONDAYS** Craft workshop  
**TUESDAYS** Life Cycle (Tuesday 4th bike repair)  
**WEDNESDAYS** Wood work | **THURSDAYS** Outdoor cooking

Find out all the latest information on our Facebook page  
@FelixRoadVenture or our website: [eastsidecommunitytrust.org.uk](http://eastsidecommunitytrust.org.uk)



Department  
for Education



[ollie@upourstreet.org.uk](mailto:ollie@upourstreet.org.uk)

0117 9541 409

Felix Road Adventure Playground  
Felix Road, Easton, BS5 0JW

**ROBINS**  
FOUNDATION



Premier League

**Kicks**

**Free Football for young people aged 11-14  
just turn up and play**

**TUESDAYS (TERM TIME) 5:30-6:30**

**CITY ACADEMY**

[Jon.Pinches@bcfc.co.uk](mailto:Jon.Pinches@bcfc.co.uk)

Short form to fill out on arrival



# NURTURING programme



The Nurturing  
programme

Find out how to get the best out of family life!

Next course: Wednesday 26th April,  
9.30am to 12.00pm

Free, bookable creche!

This FREE 10-week course will help you:

- Promote emotional literacy and emotional health
- Develop communication and relationship skills
- Enhance self esteem, self-awareness and empathy
- Learn how to promote responsible behaviour.

Just scan the QR for our referral form, or email [shonaugh.iles@wsb.org.uk](mailto:shonaugh.iles@wsb.org.uk) or [tracey.nation@wsb.org.uk](mailto:tracey.nation@wsb.org.uk) for more information



PARENTS



PROFESSIONALS

"This programme gave me more peace in my life"

"I didn't have a good childhood, but I am determined to give my children a happier life"





**HOSTED BY**

**THE CITY ACADEMY BRISTOL**

**10 Week Nurturing Programme**

**Parenting Course for Mums**

With Islamic values

*The Nurturing Programme provides simple, effective tools to help adults and children.*

- **Starting 4<sup>th</sup> May until 13<sup>th</sup> July**
- **Thursday Mornings**
- **Timing: 9.45am to 12noon**



**THE BEACON CENTRE, RUSSELL  
TOWN BS5 9JH**

A Non Refundable Deposit of £25 is required to book your place.

**For more information please contact: -  
07949251020**



Dear Parent/Guardian,

As we approach the Easter school holidays, we would like to remind you that the Your Holiday Hub (YHH) programme in Bristol will be running from 1 April until 16 April 2023. The YHH programme provides a range of free activities, food workshops and hot meals for children and young people from Reception to Year 11 who receive benefits-related free school meals.

The activities are carefully designed to be fun and educational, helping your child to learn new skills and make new friends during the holidays. Activities range from arts and crafts, to sports, to forest school. Alongside each four-hour activity, your child will also receive a hot meal. We strongly encourage all eligible families to take advantage of this fantastic opportunity.

All available activities for the Easter school holidays can be found on the YHH website [www.yourholidayhubbristol.co.uk](http://www.yourholidayhubbristol.co.uk) and can be filtered by age group, activity, location and date. Activities can be booked directly with the provider. All this information can be found on the YHH website. A list of all the providers who have received HAF funding can also be found on the Your Holiday Hub website. If you have any questions regarding the programme or eligibility, please use the 'get in touch' page on the Your Holiday Hub website [www.yourholidayhubbristol.co.uk/get-in-touch](http://www.yourholidayhubbristol.co.uk/get-in-touch).

Thank you for your attention, we hope to see your child at one of the Your Holiday Hub activities this Easter.

Kind Regards,

*Reena Bhogal-Welsh*  
Director Education and Skills

**Service Area**  
Education and Skills

**Service Manager's Name**  
Reena Bhogal-Welsh  
Director Education and Skills

**Website**  
[www.yourholidayhubbristol.co.uk](http://www.yourholidayhubbristol.co.uk)



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Kind Regards,

Reena Bhogal-Welsh

Director Education and Skills



## Attention Parents

# Are you parenting a child with special needs or a disability?

Join our **Parents Plus 'Special Needs Programme'** and meet other parents in a supportive group to help your children reach their full potential.

### Support your child to:

- Learn social skills and build friendships
- Gain confidence and self-esteem
- Be more independent

### As a parent, learn how to:

- Personally cope and manage stress
- Deal with the challenges of puberty
- Support the needs of your other children
- Manage challenging behaviour

For more information or to reserve your place, please contact:

**Call the Family Support Team in the Disabled Children's service  
on 0117 9038250**

**Or email;** [dcs.familysupport@bristol.gov.uk](mailto:dcs.familysupport@bristol.gov.uk)

**Parents Plus Parenting course referral form**

Name of Child .....

LCS number .....

Name of parent .....

Email .....

Phone number .....

What area do the family live in? .....

Does the parent know that we will contact them about the course? .....

Name of referrer .....

Email address for referrer .....

Brief description of child's needs and what the family need support with.

Please send the completed referral form to [DCS.familysupport@bristol.gov.uk](mailto:DCS.familysupport@bristol.gov.uk)

## SEN Parents Plus, parenting programme

### Session 1:

Covers raising a child with SEND, communicating with your child and self-care.

### Session 2:

Covers an emotional journey, positive communication and self-care.

### Session 3:

Covers supporting parents' relationships, routines and self-care.

### Session 4:

Covers supporting siblings, managing concerning behaviour and self-care.

### Session 5:

Covers personal coping, friendships and sex and relationships and self-care.

### Session 6:

Covers planning for the future, preparing for adulthood and self-care.

### Session 7:

Covers coping in the long-term, managing transitions and self-care.