

March 2022 – Term 4

Parent Coffee Mornings

A reminder that Parent Coffee Mornings take place at City Academy every Thursday morning from 9.30am until 10.30am.

These are run by our Family Support Team. If you would like further information. Please feel free to contact them by email on Azmina.mitha@clf.uk and Hinda.Noor@clf.uk Or by phone 0117 9413800 - Extension 232 (Azmina) or Extension 257 (Hinda).

All parents are welcome, there is no need to book.

Year 11 Prom Tickets

The Year 11 Prom is taking place on Friday 1st July 2022 at The Marriot Hotel, Castlemead, Bristol. Tickets are now available to purchase for £10 each. Year 11 students can only purchase these during break and lunch time from Ms Benjamin in the Finance Office (A1.24). If parents wish to purchase them on their child's behalf, this can be done via ParentPay.

Lost Property – Please label items

We are finding lots of lost property in school at the moment – please can you ensure that you label or write your child's name clearly in all their uniform, including PE kit, this way we can ensure that items are returned to students promptly.

Parent Contact Details

Please let us know if you have a new mobile number or have changed address or any other contact details.

We ideally need to have 3 contacts for each student in case of an emergency.

Please call us on 0117 9413800 or by email to CABinfo@clf.uk if you would like to check or amend any details.

Important Dates

REMAINING TERM DATES

Term 4

Monday 28th February 2022
to Friday 8th April 2022

Term 5

Monday 25th April 2022
to Friday 27th May 2022

Term 6

Monday 6th June 2022
to Thursday 21st July 2022

INSET DAYS

Friday 8th July 2022

OTHER DATES TO BE AWARE OF

Thursday 31st March – Year 11 parents evening

Monday 2nd May 2022 – Bank Holiday

Thursday 21st July 2022 – students finish school at 12pm

Friday 22nd July 2022 – closure day

Visit our new website for news and events:

<https://cityacademybristol.clf.uk/>

Follow us on Twitter @_City_Academy

Trip to Shallowford Farm

As part of an Outdoor Learning Programme funded by the Ernest Cook Trust, a group of City Academy students had the amazing opportunity to be invited on a five-days visit to the Shallowford Farm in the heart of Dartmoor. The students participated in a series of activities that follow the National Curriculum covering science, maths, catering, ecology, geology and geography topics. To name a few: soil & quadrats sampling, marsh survival strategies, bread baking, food production, reducing food waste, farming, wildlife conservation, landscape features, types of rock and OS maps reading. The extraordinary 'hands on approach' and team-building experience had a lasting impact on our students who expressed their wish to be invited again.

Year 8 HPV Vaccinations

HPV vaccination catch-up clinics are available for Year 8 students who did not receive their vaccination at school. Please book an appointment at <https://imms.sirona-cic.org.uk/hpv/2021/book>

If you have any queries please contact the Immunisation Team directly on 01275 373104 or email sirona.sch-imms@nhs.net

World Book Day

We had some great fun guessing The Masked Reader alongside some wonderful discussion about the importance of reading. Here are some of the amazing entries for the 'decorate a potato character' competition organised by our Librarian and some brilliantly creative tutor room window displays.



Preet Chandi on her Antarctic Adventure

We welcomed Preet who delivered a truly inspirational talk. Preet talked about pushing boundaries and her polar expedition making her the first woman of colour to complete this. Students were fascinated with what she had to say.

"It was always more than just Antarctica it is about pushing boundaries and that applies to all of us every day"



Cooking Club get Bronze!



City Academy cooking club have been working hard towards their BiteBack bronze award. BiteBack is a national organisation, backed by Jamie Oliver, that campaigns for better food to be available to children on the high street and in schools. We have looked at how social media and advertising targets children with unhealthy food choices, and campaign to stop this happening. We have also looked at how, in other schools, lunches can be unhealthy and lack the nutrition students need. Although our meals are some of the best in the country, the students still have a few suggestions to make to the chef and he has agreed to meet them next so that they can persuade him to add their favourite healthy dishes the school menu.

Podcast

Students worked with Shooting Fish to create a podcast. We received great feedback from Emily who ran the sessions:

"I just wanted to say a huge thank you to you and to the students for last week. They did an absolutely incredible job, were totally focused and a joy throughout."



CAD EXPRESSIVE ARTS PRESENTS

Disney

Aladdin JR.

WEDNESDAY 6TH APRIL 2022

Tickets £3
or
4 for £10

DOORS 6:30 PM
SHOW 7:00 PM

FEILDEN THEATRE CITY ACADEMY

A poster for a school production of Disney's Aladdin Jr. The background is purple with a gold crescent moon and a gold magic lamp. The text is in gold and white. A starburst graphic contains the ticket prices.

Student Friendly Online Safety Policy

This child friendly e-safety policy has been developed in collaboration with our School Council with the aim to keep children safe on the internet at home and at school.

Why do we like the internet?

- It is interesting and fun.
- We can learn a lot from the internet.
- We use it for our school work.
- Keep in contact with our friends and family.

What is Online Safety?

- To keep you safe when using online platforms so you can enjoy, explore and have fun.

What are the dangers of children going online?

- Cyber bullying - nasty text messages, emails, group chats.
- People on the internet can pretend that they are someone else.
- People could ask you for personal information, which is dangerous.
- Not everybody on the internet is kind.

Why do we need an e-safety policy?

- To keep children safe whilst also having fun using the internet at home and at school.
- To make sure you know what to do if something on the internet makes you worried.

How does City Academy keep students safe when they use the internet at school?

- The school maintain anti-virus software to keep viruses away
- We have internet filters to keep us from seeing inappropriate content.
- The schools keeps laptops and Wi-Fi access secure.
- Regular PHSE reminders about social media use.

If you have a problem when you are online what should you do?

- Keep calm and try an ignore the person.
- Block and report anyone that is being unkind.
- Check your privacy settings.

- Report anything that worries you to an adult
- Keep all messages as evidence.

What should you not do?

- Do not keep worries to yourself.
- Do not respond back and be unkind to anybody.

Who can you tell if you are worried about yourself or someone else?

- Friends,
- Family,
- Teachers and your Head of Year.

What our school does to respond to Online Safety Issues?

- We take online safety matters seriously.
- We listen to the children involved and offer support.
- We investigate and look at evidence and gives sanctions.
- We may contact parents/carers.
- We encourage students to block and report using the report content button on the student navigator page.

Our Internet Rules:

- We never share our passwords or personal information with anyone else.
- We need to tell a grown up if we see or hear something that makes us upset or worried.
- We will never send anything that could be unpleasant or nasty.
- When we send emails or use social media apps we are polite and friendly.
- We will have more conversations with our parents/carers about what we are doing online and do our best to spend less time on our phones.

How should we act on the Internet?

S - Keep your personal information SAFE and Secure

M - Do not agree to meet anyone from the Internet: they may not be who they say they are

A - Do not ACCEPT messages or emails from somebody you don't know

R - Remember, do not always trust the information you find on the Internet: it may not be correct

T - If something or someone upsets you on the Internet TELL a trusted adult in school or at home.



TIKTOK PARENT GUIDE



START A CONVERSATION

A great place to start when it comes to online safety is to talk about it. Speak with your child about the online risks mentioned above. We can talk about the importance of keeping personal information safe; support your child in learning to become digitally resilient.

Part of this also means being able to identify if someone their speaking with online is not to be trusted. For some great resources to help to talk to your young person about this, check out the Thinkuknow website.



USE PRIVACY SETTINGS

With a public account anyone can view and download your videos, even if they haven't created a TikTok account. Talk to your young person about the benefits of privacy settings.

Although there may be resistance to setting privacy settings if a user is seeking more likes and followers, emphasise the value of having greater levels of control and privacy.



USE RESTRICTED MODE

By going to the 'Digital Wellbeing' section on TikTok you can enable Restricted Mode. This has been created to filter out mature or inappropriate content.

While this may not perfect, it should offer some level of filtering. To set restricted mode you will need to create a pin code.



ENABLE FAMILY PAIRING MODE

Family pairing mode allows you to link your TikTok with your child's account. By using Family Pairing Mode you can change settings on your child's account including:

Screen Time Management - How long the app can be used for.

Restricted Mode - Filtering inappropriate content.

Direct Messages - Turn off direct messages completely, or restrict certain users from sending messages.



LEARN HOW TO BLOCK AND REPORT

Make sure that your young person knows how to use all of the block and report features. It's possible to restrict comments, restrict Duets, report a comment and block a user.

These features can help users to have a greater level of control on the platform, but they are only helpful if your young person knows how to use them.

Talk through how to make use of these settings with your young person.



BE MINDFUL OF SCREEN TIME

Excessive screen time on social media can have negative impacts on student wellbeing. If your young person is old enough to use TikTok, have a conversation with them to agree appropriate levels of screen time. You could start the conversation by asking them how much screen time per day they think would be good for them.

There is also the option of setting screen time limits under the screen time management option. This allows you to limit the amount of time a user can spend on the app per day. This option can then be locked with a PIN code.



Monarch Education
Recruitment Driven. Classroom Focused.

Win a cooking class with the

Great British Menu Finalist

Win a chance to learn from South West heat winner & finalist, Olivia Barry.

Monarch Education is giving six lucky students a chance of winning a cooking class with the Great British Menu's South West Heat Winner and finalist, Olivia Barry!

The competition is open to Year 9,10,11 pupils in Bristol. To enter, we would like pupils to create a recipe to celebrate the 100th anniversary of the British Broadcasting Corporation (BBC).



FOLLOW US



where the magic happens!!

*** You can create a recipe for a starter, main or dessert**

Enclosed to this email is the competition entry form. Entries need to be submitted by

Friday 8th April at 11.59pm

via marketing@affinityworkforce.com

The six winners will be decided by Olivia Barry, who will judge on creativity and attention to detail!

The winners will be announced on Monday 25th April.

Good luck!



Cooking Competition

Entry Form

Six lucky winners can be in with a chance of winning a cooking class with the Great British Menu's South West Heat Winner and finalist, Olivia Barry! To enter, we would like you to create a recipe to celebrate the 100th anniversary of the British Broadcasting Corporation (BBC). You can create a recipe for a starter, main or dessert – but you can only submit one.

Your entry will need to be submitted by Friday 8th April to marketing@affinityworkforce.com.

The winners will be announced on Monday 25th April.

Name:

School:

School Year:

Form Class:

Good luck!



Which course have you decided to create?

(Tick the correct box)

Starter

Main

Dessert

My Recipe

Drawing of your recipe below