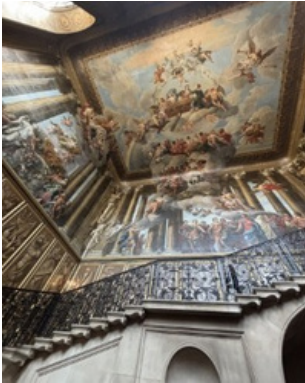


May 2026

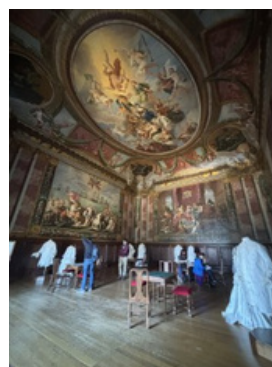
## Hampton Court - Yr9 & Yr10 GCSE History



They came, the saw and they conquered Hampton Court. GCSE History pupils spent two days exploring the Palace with a resident historian, investigating the challenges Queen Elizabeth I faced during her reign. All pupils were invited to a privy council meeting that took place 1562, the year Elizabeth had smallpox. With the fate of England in danger, our pupils analysed sources and argued who should be the heir to Elizabeth throne. It got heated at one point, with fisty cuffs threatened in the privy council chamber between Mrs Ryan and Mr Morison, but luckily Elizabeth pulled through and no decision needed to be made.

The pupils enjoyed the Tudor grandeur, magical grounds along the Thames and did manage to make it out of the maze on time for the coach.

Hampton Court, you were wonderful as always. See you next year!



## Important Dates

### Term 5

**Last day of term for students**

**Friday 22nd May 2026**

### Bank Holiday

**Monday 4th May 2026**

### Term 6

**First day of term for students**

**Monday 1st June 2026**

**Last day of term for students**

**Tuesday 21st July 2026**

### INSET Dates

**Friday 3rd July 2026**

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# Bristol Old Vic Workshop

A group of 40 students from Year 9 recently had the exciting opportunity to take part in a dynamic workshop at the Bristol Old Vic, led by their talented facilitation team.

Throughout the session, students demonstrated impressive levels of energy and enthusiasm, embracing each activity with creativity and openness.

The workshop provided a valuable space for students to explore performance skills, build confidence, and express themselves in new and imaginative ways. It was wonderful to see them fully engage with the experience, supporting one another and stepping outside of their comfort zones.

Their willingness to participate and collaborate created a positive and inclusive atmosphere that truly reflected the spirit of the Bristol Old Vic.

Overall, the session was a fantastic success, leaving students inspired and eager to continue developing their skills in drama and performance





Twelve Year 7 and 8 students from City Academy performed to an invite-only audience at the internationally-renowned Bristol Old Vic theatre.

The performance was inspired by Shakespeare's *A Midsummer Night's Dream*, facilitated by directors from the theatre, and devised by the students themselves.

Pupils from several Bristol schools and groups were invited to take part in a series of workshops designed to give them a taste of professional theatre life.

Over the course of the day, students learned about stagecraft, movement, and voice projection before performing on the Old Vic's famous stage.

The students performed with great confidence, creativity, and energy, showcasing both their teamwork and growing performance skills.

Ellie Morgan, trainee drama teacher at City Academy, said: "This was an unforgettable experience for our students and a fantastic opportunity to perform in such an iconic theatre.

"They embraced every challenge throughout the workshops and showed incredible creativity, confidence, and enthusiasm on stage. We are extremely proud of what they achieved."

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# Made In Bristol

Facilitators from Made in Bristol delivered a series of engaging and thought-provoking workshops for Year 7, 8 and 9 students.

The sessions focused on exploring what British identity looks like in 2026, encouraging students to reflect on their own perspectives and experiences in a creative and supportive environment.

Designed with young people, for young people, the workshops form part of an exciting Theatre in Education (TIE) project. Students contributed ideas, discussions, and creative input that will help shape a scripted performance, ensuring their voices and viewpoints are at the heart of the final piece.



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## Yr 10 visit Imperial College London

Year 10 Triple Science students recently enjoyed a fantastic trip to Imperial College London with Dr McKeever-Willis and Ms Baldwin.

In the morning, they visited undergraduate teaching labs in South Kensington, before heading to the White City campus in the afternoon to explore state-of-the-art research facilities.

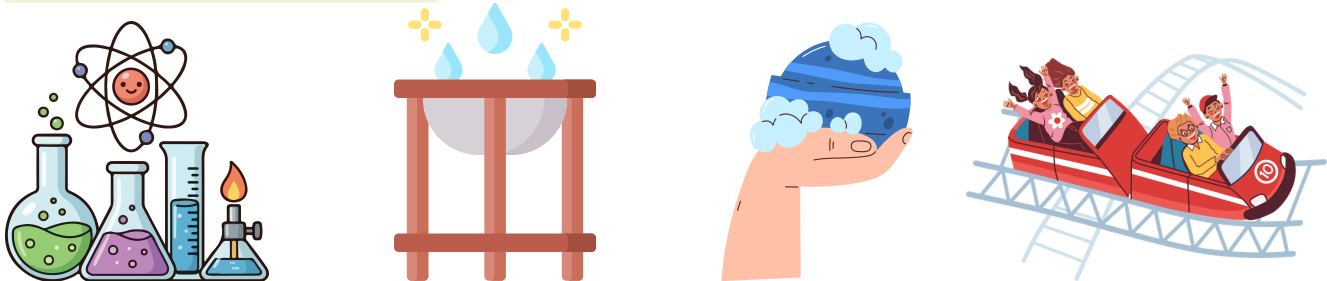
Students were introduced to a range of exciting scientific equipment and had the opportunity to ask researchers questions about their work.

The day also included travelling by tube (which was a highlight!) and lunch in the student quad.



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# Celebrating British Science Week



British Science Week was celebrated this term in science lessons and tutor time; the theme was Curiosity!

Year 7 and 8 students became science investigators by working in teams to research, plan and test scientific ideas. These included creating water-collecting and dispensing models for schools in Kenya, creating the fizziest bath bomb, and designing the fastest roller coaster.

Students summarised their findings on scientific posters, with some completing such outstanding work that they were awarded a CREST Award!

A British Science Week poster competition was held for all year groups, and the winner was Shogofa (Year 7). She produced a brilliant poster on 'What Makes Children's Lives More Positive'. Well done, Shogofa!



## Bristol Bears Players Visit City Academy

City Academy was delighted to welcome Bristol Bears players Tom Jordan and Sam Worsley, who visited as part of the build-up to Community Day. Their visit provided a fantastic opportunity for students and staff to see first-hand the positive impact of the Bristol Bears Foundation's work within the local community.

During their time at the school, the players engaged with students, supporting activities and offering encouragement while showcasing the values of teamwork, resilience, and dedication. Their presence created a real buzz across the academy, inspiring students and reinforcing the importance of community connections through sport.

The visit highlighted the excellent work of the Bristol Bears Foundation and its commitment to supporting young people, both on and off the field. We are very grateful to Tom and Sam for taking the time to visit and look forward to continuing our partnership with the Foundation.



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## “Award-winning musical Matilda was brought to life by the talented students at City Academy”

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The highly acclaimed, award-winning musical Matilda was brought to life by the talented students at City Academy in a spectacular production that captivated audiences.

Based on the beloved work by Roald Dahl, the story follows Matilda Wormwood (played by Mila Rak, Year 7, and Bethany Davis-Croshaw, Year 7), a gifted young girl navigating life with her neglectful parents and the formidable Agatha Trunchbull (played by Farley Solano, Year 8, and Akiera Allen, Year 10), the tyrannical headmistress of her school. As Matilda discovers her telekinetic powers, she courageously stands up for her friends and challenges the injustice around her. Rehearsals began in September, culminating in two outstanding performances that were completely sold out, an achievement that reflects the dedication and hard work of everyone involved.

The production featured a cast and crew of around sixty students from Years 7 to 10. This included not only the performers on stage but also an exceptional backstage team responsible for lighting, sound, and projection, all of whom played a vital role in bringing the show to life.

Rebecca Pearce, Teacher of Drama, said: “This production has been a true celebration of creativity, teamwork, and resilience.

“Our students have shown incredible commitment from the very first rehearsal, and their performances were nothing short of inspiring. I couldn’t be prouder of what they have achieved together.”



# School Uniform



Black jumper with logo (available through Price & Buckland or at school reception)

28"-34" £16.75

36"-48" £19.95

School Tie (available through Price & Buckland or at school reception)  
£7.95

Students are required to wear plain black trousers or skirt, white shirts or blouse. Plain black shoes or trainers. (Available at any supermarket)

For PE - Red T-Shirt, Plain black shorts & Knee high Red socks (available at any supermarket)

[www.price-buckland.co.uk/city-academy-bristol](http://www.price-buckland.co.uk/city-academy-bristol)

# Family Support at CAB

Introducing our Family Support Team at CAB

City Academy are excited to introduce Azmina Mitha, Hinda Noor and Raul Vasile who are part of our family support team. Please feel free to contact the team if you need any support or guidance.

**Family Support Mobile and WhatsApp Number – 07864948860**

## **Azmina Mitha**

Family Support Manager  
Phone: 01179 542821  
Ext:0294  
[Azmina.mitha@clf.uk](mailto:Azmina.mitha@clf.uk)  
Languages spoken: Urdu, Punjabi, Hindi, Swahili, Kutchi and Gujrati

## **Raul Vasile**

Family Support Worker  
Targeted for Gypsy Roma  
Phone: 01179 413800  
Ext:0207  
[Raul.vasile@clf.uk](mailto:Raul.vasile@clf.uk)  
Languages spoken: Romanian and Gypsy Roma

## **Hinda Noor**

Family Support Worker  
Phone: 01179 413800  
Ext:0295  
[Hinda.noor@clf.uk](mailto:Hinda.noor@clf.uk)  
Languages Spoken: Somali



Hinda, Raul, Azmina



# COFFEE Morning

Join us for relaxing coffee, teas and support for any school related issues.

..... ♥ .....

-  **DATE:**  
Every Thursdays
-  **TIME:**  
9.30 – 10.30
-  **PLACE:**  
City Academy



TEAS AND  
COFFEE  
WILL BE  
SERVED

♥

TERM 5 AND 6

4th June 26	–	Attendance
11th June 26	–	Online safety session
18th June 26	–	Attendance
2nd July 26	–	Community Public Health Nurse
9th July 26	–	Online Safety and Safeguarding
16th July 26	–	Any school related issues



**Hinda Noor-**  
Family Support Worker

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 Telephone:  
01179413800

 [hinda.noor@clf.uk](mailto:hinda.noor@clf.uk)

# CAB FAST 2026

TOGETHER IN FAITH, UNITED AS ONE

**COMMUNITY TOGETHER**

**SHARING & SERVING**

**MEMORIES THAT INSPIRE**

**UNITY IN ACTION**

**ABOUT CAB FAST 2026**  
Over the past few years, City Academy has proudly continued the tradition of CAB FAST during the holy month of Ramadan. CAB FAST 2026 brought together teachers, staff, families and members of the community for an unforgettable evening filled with unity, reflection and togetherness.

**FASTING WITH PURPOSE**  
Throughout the day participants took part in the fast, shared experiences, shared support and strengthened our school community.

**BREAKING FAST TOGETHER**  
In the evening, teachers, students, parents and the community gathered to break the fast, share their experiences and the help of staff and student volunteers.

**A NIGHT TO REMEMBER**  
The evening was filled with joy, unity and support as everyone shared their experiences and memories for years to come.

**CITY ACADEMY BRISTOL HAS RAISED £3050 FOR SUDAN EMERGENCY APPEAL**

**A TRULY INSPIRING EXPERIENCE**  
CAB FAST 2026 was a truly inspiring experience for all involved. Teachers and staff were able to spend time with their families and friends throughout the event. We cannot wait to make next year even bigger and better!

**AROUND 60 TEACHERS FASTED**  
AND 100+ IN OUR CATERING ALLOWED WATER!

**WELL DONE**

**CONGRATULATIONS OUR COMMUNITY**

**PROTECTING OUR FUTURE**

**EMERGENCY RESPONSE**

**OUR COMMUNITY TOGETHER**

**THANK YOU TO EVERYONE WHO MADE CAB FAST 2026 A HUGE SUCCESS!**

Your support, time and generosity made this event unforgettable. My faith has been and always will be yours.

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## Parent support – Internet Safety

The school is here to help you with any concerns you have concerning your child. You can send an email to [info@cab.clf.uk](mailto:info@cab.clf.uk) and somebody will be in touch. We have a range of mentoring and counselling options for all our young people to enable them to thrive in their personal development.



**YOUNGMINDS**



There are also some organisations that can support you with a range of issues.

- Parental controls and privacy settings guides | Internet Matters
- Parents experiences with cyberbullying - Internet Matters
- Report online child sexual abuse imagery or 'child pornography'
- Parents Helpline | Mental Health Help for Your Child | YoungMinds
- Confidential family support and bullying helpline | Family Lives



Keeping Bristol Safe Partnership run a range of free evidence-based programmes for parents of children aged 3 to 17 years old. You can sign up using the links below.

These programmes include:

The Incredible Years: for parents and carers of children aged 5 to 10 years with challenging behaviour

Parents Plus Adolescents Programme: for parents and carers of children and teenagers aged 10 to 17 years with adolescent behaviours

Non-Violent Resistance or NVR: for parents or carers of children aged 8 to 17 years with violent, controlling or self-destructive behaviours

Read the full menu of available face to face and online parenting programmes.

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# School Catering



Please find our three-weekly menu on our School website

## **Breakfast**

07.45am - 08.15am

Free breakfast is available for all students. Bagels with jam or a selection of cereal.

### Breakfast items to purchase

Scrambled Egg,  
Bacon, Sausage,  
Baked beans,  
Tomatoes,  
Mushrooms, Hash  
Browns, Toast.

## **Lunch Time**

12.40pm - 13.20pm

Served daily - Hot Meals, Pasta Bowl, Jacket Potatoes with various Fillings, Sandwiches, Paninis, Filled Baguettes (Vegetarian options available)  
Hot & Cold Puddings

## **Free School meals**

You can apply for free school meals and Pupil Premium if you get any of these benefits.

- Universal Credit if your household income is less than £7,400 a year or £616.67 a month after tax.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment & Support Allowance
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit & have an annual gross income of no more than £16,190)
- Support under Part 6 of the Immigration & Asylum Act 1999

**Visit [www.gov.uk/apply](http://www.gov.uk/apply)**

Meal & Pudding - £2.60

Meal Only - £2.30 (which includes - Pasta Pot, Jacket Potato with One Filling, Panini, Filled Baguette or Sandwich)

Jacket Potato with Tuna - £2.60

Dessert Only - 80p

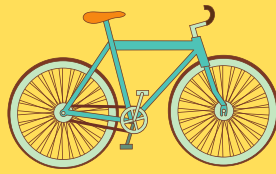
Fruit Plate - 80p

Soup & Roll - £2.30

Soup & Roll with Pudding - £2.60

We are now a cashless academy - all lunch payments are to be made via Parentpay

# E-Bikes



As e-bikes become increasingly popular among young people, we want to ensure all families are aware of the current UK laws regarding their use.

## What Is a Legal E-Bike?

In the UK, an electric bike must meet the following criteria to be legally used on public roads without a license or insurance:

- Have pedals that can be used to propel it.
- The motor must not exceed 250 watts.
- The motor must only assist while pedalling.
- Motor assistance must cut off at 15.5 mph (25 km/h).
- Riders must be 14 years or older.

These bikes are known as Electrically Assisted Pedal Cycles (EAPCs).

## What About 500W or 1000W E-Bikes?

E-bikes with motors over 250W (such as 500W or 1000W models) are not legal for use on public roads, cycle paths, or pavements. They are classified as motor vehicles and require:

- A valid driving license
- Insurance and registration
- Helmet use
- Use only on private land with permission

Using these more powerful e-bikes without meeting legal requirements can result in fines, points on a license, or the bike being seized.

## Keeping Everyone Safe

We encourage all families to check the specifications of any e-bike before purchase or use. If you're unsure whether a bike is road-legal, please feel free to reach out for guidance.

Thank you for helping us keep our community informed and safe.

Please note that any bike that does not comply with UK law and EAPC standards will not be allowed school site.



# Our Trust & Academy operate a zero-tolerance stance regarding sexual harassment

a policy which extends to all forms of bullying,  
harassment or discrimination in the workplace.

We would like to make all parents and carers  
aware that a new mandatory duty to prevent  
sexual harassment in the workplace became  
effective on the 26 October 2024.

Numerous high-profile cases and campaigns have  
highlighted the need for enhanced protection against  
sexual harassment at work – and has now been reformed

resulting in a new Worker Protection (Amendment of  
Equality Act 2010) Act 2023.



The Trust and our Academy have reflected on this important legislation and are now taking further positive, preventative action in this area to respond. This includes:



Staff training



Staff voice  
exercises



Reviewing our HR  
policy & procedures



Reflecting on any  
learning across  
the Trust

If we are made aware of any concern, we will always treat these concerns with great importance and act in accordance with our internal procedures. It is our ambition that all of our academies provide a safe, happy and enjoyable space for our colleagues, pupils and visitors.

If you do have a concern of this nature then we have a complaints policy and procedure which you can access via our website.

# LOCAL SUPPORT FOR FAMILIES



Does your child need extra help? You do not need a diagnosis to find support.



Bristol Parent Carers is a friendly group run by parents to help other parents.

We run free sessions to support families and also work with the council and health services to try to make support better for families.



Bristol City Council have a Local Offer website that provides key information about services and support for children and young people in Bristol.



Sirona have information on carious health needs such as mental health, toileting, trauma, eating and many other needs.

# Mental Health Support Team

Mental Health Support Teams (MHSTs) were established to support schools, helping them develop ways to look after the mental health and wellbeing of children and young people (CYP) as well as the wider school community including school staff and parents/carers.

The MHST are now delivering online sessions which are free to sign up to. Please scan the QR code below to register for our next webinar.

**NEW**

## Online Parent/Carer Sessions

### An Introduction to Anxiety

**NEW**

To sign up, please  
complete a registration  
form here:



[MHST Online Session](#)



**What is it?** This session covers:

- What anxiety is, when it is useful, when it becomes unhelpful, and what keeps anxiety going. Our body's response to anxiety focusing on our
- thoughts, feelings, physical sensations and behaviours. Providing strategies for managing and overcoming anxiety
- 

**Who is it for?** Helpful for parents and carers whose children may be struggling with mild anxiety.

**When are they?** Sessions will be run at 12pm-1pm every Wednesday, Thursday and Friday.

**New topics and dates will be released regularly.**

The MHST is a partnership between Off the Record (OTR) and CAMHS. We are working with selected education settings across Bristol, North Somerset and South Glos. To find out where we work, check out our webpage:

[www.otrbristol.org.uk/what-we-do/mhst/](http://www.otrbristol.org.uk/what-we-do/mhst/)



# Bristol Parenting Groups

- Are you pregnant or a parent of a 0 - 8 year old?  
 Would you like to add ideas and skills to your parenting toolbox?
- Would you like to develop more confidence in your parenting?
- Would you like to understand your child better?

**Free**  
 groups for  
 adults run  
 by Bristol  
 Children's  
 Centres

Scan here  
 to find out  
 more and  
 register your  
 interest!



Your parenting  
 toolbox:



For more information please call: **07721 311 497**  
 or email: **pssso@bristol.gov.uk**

Once you have registered your interest via:  
**[www.bit.ly/BristolParentingGroups](http://www.bit.ly/BristolParentingGroups)** we will be in touch to find  
 the best group option for you.



# ADVENTURE

that launches you for life today

**SEA  
CADETS**

**Brislington  
JOIN NOW!**

At Brislington we help young people create unforgettable memories through Junior Sea Cadets. Get in touch today to find out more about the opportunities we can offer young people! **CONTACT US ADMIN@BRISTOLADVENTURESCC.ORG**

**Parading:**

Seniors (12-18) Tues/  
Thurs 19:00- 21:00  
Juniors (10-11) Tues  
19:00-21:00



Charity Registration No. 1203491



# Support for Inter-Parental Communication






FREE support available for one or both parents

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

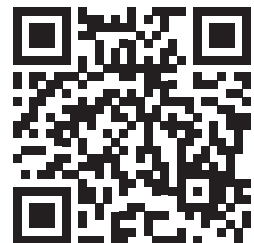
Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

## Please contact Gina Pazienza:

-  [relationshipsmatter@bristol.gov.uk](mailto:relationshipsmatter@bristol.gov.uk)
-  07721 635376
-  Visit the SIPCo page at [www.bristol.gov.uk](http://www.bristol.gov.uk)

When you apply, your details will not be shared with anyone else. After applying online, if you do not see our response email, please check your junk/spam folder, then mark [relationshipsmatter@bristol.gov.uk](mailto:relationshipsmatter@bristol.gov.uk) as a trusted sender.

Scan QR code to find out more





# Free and Confidential Support

**Call the 24/7 Helpline**

**08088 021 122**

or visit [groceryaid.org.uk](http://groceryaid.org.uk)

**GroceryAid<sup>®</sup>**

