

July 2024

Students taste life in the arts with Travelling Light Theatre Company

City Academy's Year 10 students recently participated in a unique work experience program with Travelling Light, an international award-winning theatre company based in Bristol. Throughout their time with Travelling Light, students engaged in a variety of experiences related to careers in the arts industries. They were involved in hands-on projects and activities that provided them with invaluable insights into the world of theatre production and performance.

The dedication and creativity displayed by our students were highly commended by the team at Travelling Light. Their professionalism and commitment throughout the work experience program were exemplary, and they have gained a wealth of knowledge and inspiration to carry forward into their future endeavours.

Rebecca Pearce, teacher of drama at City Academy, said: "We extend our heartfelt gratitude to Travelling Light for offering such an enriching experience to our students and for supporting the next generation of creative professionals.

"This opportunity not only enhanced their understanding of the arts but also allowed them to develop important skills such as teamwork, communication, and problem-solving."

Important Dates

Last day of term

**Tuesday 23rd July
Finish at 12.00pm**



Governance Update

My name is Tricia Brabham and I am the Deputy Head of Governance for CLF. Along with my colleagues Liz Tincknell (Head of Governance), Will Lamb (Information Governance Coordinator), and Jackie Friday (Governance Administrator), we work closely with the Trust Board and Academy Councils (the name we give to our Local Governing Boards), on all areas of governance.

Our Academy Councils are made up of volunteers from the local community, as well as parents and staff and they have an important role in providing appropriate challenge and support to the Principal to provide the best educational experience for all students. The Academy Council meets 6 times a year, with the Principal and members of the Senior Leadership Team, in addition individual councillors may link to a particular area of school to be able to provide strategic oversight to the Academy Council on the work taking place in this area. On occasion they may also sit on panels to consider exclusions or complaints. We have vacancies across our Trust for Academy Councillors - you don't need a background in education, but be willing and able to commit time to the role, to ask questions, and to analyse data. We provide training for our councillors, and they have the support of a clerk and the wider governance team to help them in their role.

If you are interested in finding out more about the role please [complete this form](#) and we will be in touch.



Shallowford Farm



A amazing opportunity for a number of our students to visit Shallowford Farm for the week. They all worked very hard on the farm, enjoyed the countryside, the beautiful fresh air, smiles all around and having lots of fun throughout the week.

Bristol School of Actings



Bristol School of Acting came into School to perform to GCSE Drama and BTEC Performing Arts students their Theatre in Education performances. The performances were educational and inspiring to all who watched. It was also great to see so many EX CAB students at Bristol School of Acting.

School Catering

Please find our three-weekly menu on our School website

Breakfast

07.45am - 08.15am

Free breakfast is available for all students. Bagels with jam or a selection of cereal.

Breakfast items to purchase

Scrambled Egg,
Bacon, Sausage,
Baked beans,
Tomatoes,
Mushrooms, Hash
Browns, Toast.

Lunch Time

12.40pm - 13.20pm

Served daily - Hot
Meals, Pasta Bowl,
Jacket Potatoes with
various Fillings,
Sandwiches, Paninis,
Filled Baguettes
(Vegetarian options
available)

Hot & Cold Puddings

Free School meals

You can apply for free school meals and Pupil Premium if you get any of these benefits.

- Universal Credit if your household income is less than £7,400 a year or £616.67 a month after tax.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment & Support Allowance
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit & have an annual gross income of no more than £16,190)
- Support under Part 6 of the Immigration & Asylum Act 1999

Visit www.gov.uk/apply

ParentPay

Please ensure you have obtained your login details to access ParentPay. Our aim is to phase out the use of cash in School. ParentPay is an easy way to pay for Lunch, and for trips taking place throughout the academic year.

Please ensure your child has money on their account to enable them to purchase a school meal, or send them in with a packed lunch.

**From September 2024 the cost of a meal & a pudding will be
£2.50**



In June we had the pleasure of taking part in the 4Schools workshops, in association with Channel 4. The English department welcomed in Jess Fisher and volunteers from Film for 59, into some of their year 9 lessons to complete a YouTube challenge. Year 8 completed the challenge the day after. A big thank you to Jess and the team at Channel 4 and we look forward to working with you next year.

There was 60 students from year 9 that took part and 60 students from year 8

SCHOOL UNIFORM GIVEAWAY

EASTON COMMUNITY CENTRE
+ FELIX ROAD ADVENTURE PLAYGROUND

DROP OFF PRELOVED UNIFORMS

Mon 8 July - Wed 31 July
open 9am to 6pm
Monday to Friday
10am to 4pm Saturdays

SCHOOL UNIFORM GIVEAWAY

Thurs 1 Aug, 12 to 3pm
Easton Community Centre
Thurs 15 Aug, 12 to 3pm
Felix Road Adventure
Playground

PLEASE DONATE NEW OR SECOND HAND:

- School dresses, trousers, skirts, shorts
- Black leggings and jogging bottoms
- White polo shirts (new only)
- Black school shoes and PE pumps
- School jumpers
- Coats/ Raincoats

New or good condition second hand clothes only. Please wash and fold before donating and if you could sort by size that would help our volunteers. Thank you!



CONTACT
Abiir CALL/ TEXT / WHATSAPP 07922 422 154 or
EMAIL abiir@upourstreet.org.uk



SUMMER HOLIDAYS

@FELIX ROAD ADVENTURE PLAYGROUND

SCHOOL HOLIDAY OPENING TIMES

Starting Wednesday 24 July

OPEN ACCESS Mon to Thurs
12 to 5.30pm

FELIX NIGHTS Wednesdays
6 to 7.30pm

FELIX GIRLS Fridays
1.30 to 5.30pm

GIRLS CODING Fridays
5.30 to 6.30pm

QUIET HOUR Sundays
1 to 2pm

OPEN ACCESS Sundays
2 to 5pm

BANK HOLIDAY
Mon 26 Aug, 1 to 5pm

FREE HOT MEALS AND LOTS OF FUN ACTIVITIES THROUGHOUT THE HOLIDAYS

OPEN ACCESS for all children to come and play under 8's must be supervised.

FELIX NIGHTS for children 11 – 14 year olds only.

FELIX GIRLS 8 – 14 year old girls only.

QUIET HOUR for children that prefer a more relaxed play environment, gates closed.

**FOOD IS FUEL
FOR PLAY! ALL
KIDS ALWAYS
EAT FOR FREE**



Halal and vegetarian option always available.

Please note on exceptionally busy days we might run out of food and not be able to serve everyone.



WEEKLY ACTIVITIES

MONDAYS

Open access 12 to 5.30pm*
Arts + Crafts Activities

TUESDAYS

Open access 12 to 5.30pm
Music + Performance Activities

WEDNESDAYS

Open access 12 to 5.30pm
Sports and Games + Bristol Tree Craft
Felix Nights 6 to 7.30pm
for ages 11 to 14

THURSDAYS

Open access 12 to 5.30pm
Food and fire activities

FRIDAYS

Girls Group 1.30 to 5.30pm
Variety of workshops, activities and child led free play
Female children and parent/guardians only
Girls Coding 5.30-6.30pm
Computer coding led by DigiLocal
Female children and parent/guardians only

SATURDAYS

CLOSED

SUNDAYS

Quiet hour 1 to 2pm
Open access 2 to 5pm
Variety of activities and child led free play

*Bank Holiday Monday 26 August opening hours 1 to 5pm.

Building activities throughout the summer
All activities subject to change, ask a playworker for more information.

Summer Stress Relief for Parents

Please join us for a
free online event,
designed for parents
who are feeling
under pressure.



Online via Microsoft Teams
Friday 2nd August 10 - 10.45am or
Tuesday 6th August 7 -7.45pm

You are invited to join us for a FREE online event, designed for parents who are feeling under pressure. The event is an opportunity for you to hear about a free support project we have in your area. Gina Pazienza (Parental Relationship Practitioner) will be outlining some of the challenges parents are facing. If you can answer 'YES' to any of the following, then please do join us.

- Do you have a child or children aged between 8 and 14 years?
- Have you been arguing more in the last few months?
- Are there tensions between you and your partner or ex-partner?
- Have you seen a change in your child's behaviour?
- Are they upset by your arguing or silences?

To register your interest, please email
relationshipsmatter@bristol.gov.uk
or call Gina on 07721 635376 or Helen on 07721 311726



Support for Inter-Parental Communication






FREE support available for one or both parents

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

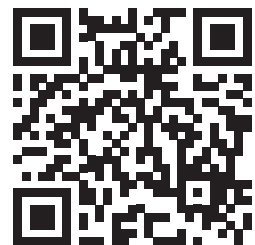
Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

Please contact Gina Pazienza:

-  relationshipsmatter@bristol.gov.uk
-  07721 635376
-  Visit the SIPCo page at www.bristol.gov.uk

When you apply, your details will not be shared with anyone else. After applying online, if you do not see our response email, please check your junk/spam folder, then mark relationshipsmatter@bristol.gov.uk as a trusted sender.

Scan QR code to find out more



Sheffield
Hallam
University



Your Holiday HUB Bristol

Hundreds of
holiday activities
are available
in Bristol
Eligibility criteria apply



Sports



Day trips

Cookery



Performing
arts

Crafts

yourholidayhubbristol.co.uk



Funded by
UK Government

Your
Holiday
HUB
Bristol

Department
for Education



BAND
Making Childcare Count



PLAYFUL
BRISTOL

HAF funded by DfE – supported by Bristol City Council, BAND, Feeding Bristol and Playful Bristol

Book fun summer activities with Your Holiday Hub Children and young people in Bristol who receive benefits-related free school meals, can join in with lots of fun activities taking place during the school summer holidays (24 July to 30 August).

Your Holiday Hub sessions are fully funded and include a healthy meal as part of the day.

Activities range from sports to crafts, and from drama to gardening plus so much more. It's a really great way for children to stay active, meet friends, have fun and learn new things.

To search the sessions available in July and August,

please visit www.yourholidayhubbristol.co.uk. Bookings are now open but if you have any further questions, please contact haf@bristol.gov.uk



Community Meeting

Thursday 18th July 7pm-8:30pm

Easton Christian Family Centre
Beaufort Street. BS5 0SQ

Members of the local community, please
join us for the next meeting on recent
events happening around Easton.

Avon and Somerset Police
SERVE. PROTECT. RESPECT.



SUMMER HUB

Mixed non-contact boxing sessions with a qualified Empire boxing coach during the summer holidays.

Young people can learn boxing techniques, skipping, improve their fitness, and enjoy a fun environment without any physical contact or sparring.

FREE for any young person aged 8 to 16

WHEN?

Everyday Mon to Fri **10:30am - 12:00pm**
Starts: Mon 5th August Ends: Fri 30th August
(excluding bank holiday Monday 26th August)

WHERE?

Empire Fighting Chance, The Mill,
Lower Ashley Road, Easton, BS5 0YJ

WANT TO BOOK?

Email info@empirefightingchance.org
Or call 0117 233 8700



Experiences away from home

NCS helps 15-17 year olds build skills for work and life, gaining confidence and independence along the way.

It's an experience of a lifetime with new challenges and new people.

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- Are available across England
- Five days and four nights
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