

July 2025

Year 8 visit Inside Travel Group



Year 8 students had a great time at Inside Travel Group. They had the opportunity to learn all about the travel industry and what goes into planning a group trip to Japan. From flights, to accommodation to booking activities whilst in Japan.

Important Dates

Term 1

Year 7 - Wed 3rd Sept

Year 8, 9, 10 & 11 -

Thurs 4th Sept

INSET days

Mon 1st Sept

Tues 2nd Sept

Eden Project visit for Year 10's



What an amazing day with our Year 10s at the Eden Project, taking part in the 'Ecosystems, Biodiversity and Us. Why the Fuss?' workshop!

Students engaged in thought-provoking discussions and hands-on challenges, all centred around the importance of ecosystems and biodiversity in our lives.

It was a tough decision for our 'judges'—there was so much brilliant work! In the end, six winners were chosen: Sifa, Eidie, Rama, Daniel, Auri, and Hashim. They enjoyed a well-deserved treat from the Eden Project's Ice Cream Parlour.

Well done to everyone – your excitement and engagement made the day truly special!

Duke of Edinburgh Expedition



Here's some photos from day one!

All students are really enjoying themselves, some sunburnt faces and tired feet and the evening meals include dehydrated food, hot dogs and pot noodles.

Factory Studio Trip



Some of our Year 10 pupils had a wonderful day recording a cover of "Zombie" at FACTORY STUDIOS in Barton Hill last Thursday. Pupils had the opportunity to rehearse and record their song with a professional studio engineer as well as recording some solo vocal and piano pieces. All tracks are currently being mixed and mastered, and we can't wait to hear how they turn out!

CAB **PRIDE** Parade



Students and staff joined together in support and celebration of the LGBTQ+ community in the annual CAB Pride Parade.

The parade filled lunchtime with good vibes, respect and lots of noise!



A huge well done to the students of the True Colours club for planning such a great event.



ESOL classes available for CLF parents & carers of CLF pupils



Last month, 39 parents and carers of CLF pupils started beginners English courses in the Beacon Centre at City Academy Bristol. In these ESOL classes, the adult students are learning English that will help them to feel confident in their every day life, as well as supporting them in their communications with school.



Parents/carers - Please be mindful when dropping off or collecting students at the start of or the end of the day. We have had a few complaints from the public about cars stopping in the middle of the road to let students out of cars. Causing a back up of traffic or disruption to the main

Family Support at CAB

Introducing our Family Support Team at CAB

City Academy are excited to introduce Azmina Mitha, Hinda Noor and Raul Vasile who are part of our family support team. Please feel free to contact the team if you need any support or guidance.

Family Support Mobile and WhatsApp Number – 07864948860

Azmina Mitha

Family Support Manager
Phone: 01179 542821
Ext:0294

Azmina.mitha@clf.uk

Languages spoken: Urdu ,Punjabi ,Hindi, Swahili, Kutchi and Gujrati

Raul Vasile

Family Support Worker
Targeted for Gypsy Roma
Phone: 01179 413800
Ext:0207

Raul.vasile@clf.uk

Languages spoken: Romanian and Gypsy Roma

Hinda Noor

Family Support Worker
Phone: 01179 413800
Ext:0295

Hinda.noor@clf.uk

Languages Spoken: Somali



Hinda, Raul, Azmina

School Catering

Please find our three-weekly menu on our School website

Breakfast

07.45am - 08.15am

Free breakfast is available for all students. Bagels with jam or a selection of cereal.

Breakfast items to purchase

Scrambled Egg,
Bacon, Sausage,
Baked beans,
Tomatoes,
Mushrooms, Hash
Browns, Toast.

Lunch Time

12.40pm - 13.20pm

Served daily - Hot Meals, Pasta Bowl, Jacket Potatoes with various Fillings, Sandwiches, Paninis, Filled Baguettes (Vegetarian options available)
Hot & Cold Puddings

Free School meals

You can apply for free school meals and Pupil Premium if you get any of these benefits.

- Universal Credit if your household income is less than £7,400 a year or £616.67 a month after tax.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment & Support Allowance
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit & have an annual gross income of no more than £16,190)
- Support under Part 6 of the Immigration & Asylum Act 1999

Visit www.gov.uk/apply

Meal & Pudding - £2.60

Meal Only - £2.30 (which includes - Pasta Pot, Jacket Potato with One Filling, Panini, Filled Baguette or Sandwich)

Jacket Potato with Tuna - £2.60

Dessert Only - 80p

Fruit Plate - 80p

Soup & Roll - £2.30

Soup & Roll with Pudding - £2.60

We are now a cashless academy - all lunch payments are to be made via Parentpay

ParentPay

Please ensure you have obtained your login details to access ParentPay. Our aim is to phase out the use of cash in School. ParentPay is an easy way to pay for Lunch, and for trips taking place throughout the academic year.

Please ensure your child has money on their account to enable them to purchase a school meal, or send them in with a packed lunch.

All school purchases will need to be made via Parent Pay as from 30th April 2025. Card payments will not be accepted.

- School Trips/Activities
- Revision Exercise Books
- Uniform
- School Meals
- Yr 11 Prom Tickets
- School Productions

A Parent Pay Activation Letter will follow. If you require help setting up Parent Pay please contact our Finance office at the City Academy.

Job Vacancy - Chef - Snowdon Village

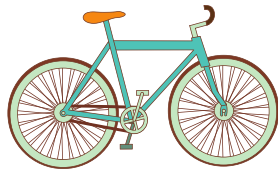


Chef

Find out more about this Chef job from Snowdon Village. Search thousands of teaching jobs from schools around the world

 e-teach.com

E-Bikes



As e-bikes become increasingly popular among young people, we want to ensure all families are aware of the current UK laws regarding their use.

What Is a Legal E-Bike?

In the UK, an electric bike must meet the following criteria to be legally used on public roads without a license or insurance:

- Have pedals that can be used to propel it.
- The motor must not exceed 250 watts.
- The motor must only assist while pedalling.
- Motor assistance must cut off at 15.5 mph (25 km/h).
- Riders must be 14 years or older.

These bikes are known as Electrically Assisted Pedal Cycles (EAPCs).

What About 500W or 1000W E-Bikes?

E-bikes with motors over 250W (such as 500W or 1000W models) are not legal for use on public roads, cycle paths, or pavements. They are classified as motor vehicles and require:

- A valid driving license
- Insurance and registration
- Helmet use
- Use only on private land with permission

Using these more powerful e-bikes without meeting legal requirements can result in fines, points on a license, or the bike being seized.

Keeping Everyone Safe

We encourage all families to check the specifications of any e-bike before purchase or use. If you're unsure whether a bike is road-legal, please feel free to reach out for guidance.

Thank you for helping us keep our community informed and safe.

Please note that any bike that does not comply with UK law and EAPC standards will not be allowed school site.



Our Trust & Academy operate a zero-tolerance stance regarding sexual harassment

a policy which extends to all forms of bullying,
harassment or discrimination in the workplace.

We would like to make all parents and carers
aware that a new mandatory duty to prevent
sexual harassment in the workplace became
effective on the 26 October 2024.

Numerous high-profile cases and campaigns have
highlighted the need for enhanced protection against
sexual harassment at work – and has now been reformed

resulting in a new Worker Protection (Amendment of
Equality Act 2010) Act 2023.



The Trust and our Academy have reflected on this important legislation and are now taking further positive, preventative action in this area to respond. This includes:



Staff training



Staff voice
exercises



Reviewing our HR
policy & procedures



Reflecting on any
learning across
the Trust

If we are made aware of any concern, we will always treat these concerns with great importance and act in accordance with our internal procedures. It is our ambition that all of our academies provide a safe, happy and enjoyable space for our colleagues, pupils and visitors.

If you do have a concern of this nature then we have a complaints policy and procedure which you can access via our website.

Drop-in vaccination event



Our School Aged Immunisation Team is running a drop-in vaccination event (no need to book) at:

Wednesday 23 July: Charlotte Keel Health Centre, BS5 0UA 10:00 – 16:00

Human papillomavirus (HPV) vaccinations

Measles, Mumps and Rubella (MMR) vaccinations – Years 8-11
– Years 8-11

Meningococcal ACWY and Diphtheria, Tetanus and Polio vaccinations – Years 9-11

Contact the team using 0300 124 5515 or sirona.sch-imms@nhs.net or find out more or by using the QR code.





Bristol City of Sanctuary

Education Support Drop-ins



Are you having problems with your children's school?

Do you find it hard to put forward your views and understand the school system?

Is English not your first language?

Come to our multilingual drop-in sessions to speak to our Education Champions, who can offer support and help you communicate with schools.

Every Tuesday 10:30 - 12:00

**Easton Christian Family Centre (ECFC), Beaufort St.,
Easton, BS5 0SQ at the Refugee Women of Bristol drop-in
(reception area)**

Fortnightly Thursday 10:30 - 12:00 (from 12/06)

**Somali Resource Centre, 43 Ducie Road, Barton Hill,
BS5 0AX (reception area)**

Every Friday 10:30 - 12:00

**Easton Christian Family Centre (ECFC), Beaufort St.,
Easton, BS5 0SQ at Sadaga Women's Group
(main hall drop-in)**

For further inquiries, please contact:

bristol@cityofsanctuary.org or coordinator@bristol.cityofsanctuary.org



**NEW
YOUTH SESSION**

**MORE
THAN
MUSIC**

FREE

EVERY FRIDAY 6PM - 8PM

11 - 19 YEAR OLDS

**MUSIC STUDIO, CINEMA ROOM, COOKING,
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THE PICKLE FACTORY, EASTON BS5 0HH

Info@ACEcicTeam.com

07342369623

www.AspirationCreationElevation.com

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Youth Sessions AT FULL CIRCLE DOCKLANDS



FIND US AT:

29 BRIGSTOCKE ROAD,
ST PAULS, BS2 8UA



MONDAYS

4.30-6.00pm

GIRLZ NITE

FOR AGES 8+

TUESDAYS

5.30-7.30pm

YOUNGERZ

FOR AGES 8-11



WEDNESDAYS

6.30-8.30pm

OLDERZ

FOR AGES 12-16



THURSDAYS

5.30-7.30pm

BOYZ CLUB

FOR AGES 11-18



LOCAL SUPPORT FOR FAMILIES



Does your child need extra help? You do not need a diagnosis to find support.



Bristol Parent Carers is a friendly group run by parents to help other parents.

We run free sessions to support families and also work with the council and health services to try to make support better for families.



Bristol City Council have a Local Offer website that provides key information about services and support for children and young people in Bristol.



Sirona have information on carious health needs such as mental health, toileting, trauma, eating and many other needs.

Bristol Parenting Groups

- Are you pregnant or a parent of a 0 - 8 year old?
Would you like to add ideas and skills to your parenting toolbox?
- Would you like to develop more confidence in your parenting?
- Would you like to understand your child better?

Free
groups for
adults run
by Bristol
Children's
Centres

Scan here
to find out
more and
register your
interest!



Your parenting
toolbox:

Listening

Play

Praise

Nurture

Empathy

Connection

For more information please call: **07721 311 497**
or email: **pssso@bristol.gov.uk**

Once you have registered your interest via:
www.bit.ly/BristolParentingGroups we will be in touch to find
the best group option for you.



Support for Inter-Parental Communication






**FREE support
available
for one or
both parents**

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

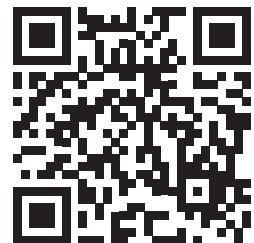
Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

Please contact Gina Pazienza:

-  relationshipsmatter@bristol.gov.uk
-  07721 635376
-  Visit the SIPCo page at www.bristol.gov.uk

When you apply, your details will not be shared with anyone else. After applying online, if you do not see our response email, please check your junk/spam folder, then mark relationshipsmatter@bristol.gov.uk as a trusted sender.

Scan QR code to find
out more



**Sheffield
Hallam
University**





Free and Confidential Support

Call the 24/7 Helpline

08088 021 122

or visit groceryaid.org.uk

GroceryAid[®]



**We are looking for girls that are
going to be in Year 8 from
September to join our team
U13's team!**

Come along and give training a go!

We train at St Bede's every Tuesday!
We play every Sunday in Bristol Girls
League

We are looking for girls to push us to
the next level!

TO CONTACT US

Jamilkhan2191@icloud.com
U13@blufc.com



BRISTOL STORM U16 GIRLS



**NATIONAL LEAGUE
GIRLS BASKETBALL TEAM**

Come & join our girls
basketball team.
Learn & develop
your skills &
abilities, whilst
building your
confidence & having
fun!



WEDNESDAYS
20:00 - 21:30PM @
BRISTOL METROPOLITAN
ACADEMY

THURSDAYS
19:00 - 20:30PM @
JOHN CABOT ACADEMY

**CONTACT SHARON FOR
ENQUIRIES AND A FREE TASTER
SESSION NOW**
07743722377



Open Access Session Times:

Mondays 12:00-17:30 (CLOSED Mon 25th Aug)

Tuesdays 13:30-17:30

Wednesdays 12:00-17:30

Thursdays 12:00-17:30 (CLOSED Thurs 7th August)

Sundays 13:00-17:00

These sessions are for 8-14 year olds. Younger children can attend with an adult.

Other Sessions:

Wavey Nights: Tuesdays and Wednesdays 17:30-19:30 (11-16 year olds)

Chill Tuesdays: 29th July and 5th, 12th, 19th and 26th August. 11:00-13:00. (Booking Required. A calmer session for disabled and neurodivergent children and their families. 20 spaces max.)

Girls Group: Friday 25th July and 1st, 7th and 29th August. 13:30-17:30

<https://eastsidecommunitytrust.org.uk/>

Support for Students in the Holidays

Felix Rd Adventure Playground (Part of Eastside Community Trust)

Based at: Felix Rd, Easton, Bristol, BS5 0JW

Phone: [0117 954 1409](tel:01179541409)



See programme of activities on: [Felix Road Adventure Playground - EASTSIDE COMMUNITY TRUST](#)

Open access sessions for 8 -14 year olds and their families from Monday to Thursday 12 - 5.30 and Sunday 1 - 5pm. Hot meals included.

- Girls and Women sessions on Fridays
- Youth sessions for older young people Tues and Weds eves
- Tues morning SEND sessions
- Over the summer, quiet sessions for disabled and neurodivergent children 4-16 years old and their families with food included on 29 July, 5,12,19,26 Aug 4-16. Prior booking essential: <https://forms.office.com/e/ELGf5vLTgL>

Eastside Community Trust

Based at Easton Community Centre, Kilburn St, EastonBristol, BS5 6AW

Phone: 0117 954 1409



Range of regular activities including Children's theatre and Lego Club. £2 activities on Saturday morning – see website calendar schedule:

[Events - EASTSIDE COMMUNITY TRUST](#) for details.

Further young people's activities in areas of the flats to be agreed.

Talo Community

Based at 62A Halston Drive, BS2 9JN

Contacts:

Advocacy: advice@talocommunity.org Play and Youth: play@talocommunity.org Admin & general enquiries: info@talocommunity.org



TALO is a woman-led community initiative that focuses on advocacy and enrichment. In 2024, they expanded their services by creating enrichment programmes designed to engage and empower young people when making decisions that impact their future.

Summer activities include:

- Boys Basketball-Friday afternoons /eve-at Docklands, City Road
- Girls Club St Pauls at Talo office on Sundays in term time and various times in holidays
- Summer trips

Somali Youth Voice

Based at Easton Community Centre, Kilburn Street, BS5 6AW

Tel: 07449919302/07576738583

info@bristol-youthvoice.org

BSYV advocates and empowers disadvantaged young people, primarily those from minoritised backgrounds who live in the most deprived parts of the City.

Calendar of events is on [Bristol Somali Youth Voice | BSYV](#) which includes:

- Safe space for junior youth in open access sessions including football, basketball, arts, music, dance and cooking.
- Senior Youth Sessions- free open access sessions for 16-25 year olds to enable young people to socialise, take part in physical activities and develop friendships etc.
- Outdoor activities at local parks- an opportunity to take part in walking jogging and other physical activities, connecting people to nature and improving well being
- Trips to the countryside to give urban young people an opportunity to interact with nature and the countryside
- On- line resources and information on trips, meals and activities for children on website

Bristol Somali Resource Centre

Based at Barton Hill 43 Ducie Road Bristol BS50AX

Telephone: 0117 907 7994

Email: info@somalicentre.co.uk or connect on social media

[Bristol Somali Resource Centre | BSRC | Help & Advice](#)

The Bristol Somali Resource Centre (BSRC) provides free and impartial information, advice and guidance on a range of issues including welfare, housing, schools and employment. BSRC also organises activities and workshops to enhance employment opportunities, social interaction and to help reduce isolation.

[Family and youth services | Bristol Somali Resource Centre | BSRC | Help & Advice Knowledge base](#)

Family and youth services are provided through a new Family Engagement Worker and Youth Worker running enriching and skills-building activities for local youth and helping young people make informed choices about their education.

The Swannery

In partnership with the Wellspring Settlement, [Wellspring Settlement](#), BSRC are delivering young people's sessions at the Swannery (the former Black Swan pub) 11 - 13 Morley Street, Barton Hill BS5 9NB.

For activities see: [The Swannery – Wellspring Settlement](#)



info@wsb.org.uk or Tel: 0117 304 1400

This includes:

- Monday sessions for girls only aged 12 to 17
- Friday 3:30 pm - 5:30 pm sessions for 12-17 year olds including FREE games, sports activities, and refreshments. For more information contact Luis: 07928 813546 or luis.dias.wsb.org.uk
- Youth sessions run from 1-5pm during the summer holidays for 8 to 11 year olds. FREE games, sports activities, and refreshments provided! For more information contact Luis: 07928 813546 or luis.dias.wsb.org.uk

Brook

Based at: 3rd Floor, The Station, Silver Street, Broadmead, Bristol, Somerset, BS1 2AG

[Yuno at Brook Bristol - Sexual health service](#)



Under 25s walk in sexual health and wellbeing clinic. Walk-ins are available : Mondays, Tuesdays and Thursdays 12-7pm

Includes: Contraception, Advice, RSE -wide range of topic areas, 1:1s referral on website, STI treatment and testing (including asymptomatic

Useful information on website: [Sexual Health help and advice](#)

Home 2 School Link



[Bridging Educational Gaps for Minority Families in Bristol](#)

Contact: contact@home2schoollink.org

Home 2 School Link supports minority families within schools by providing guidance, resources, and cultural liaison services to ensure effective communication, active involvement, and improved educational outcomes.

Term time only project with reading clubs and hot meals for primary aged children. Also parents' workshops and advice and support on education issues. Climate students' sessions in the holidays- dates to be confirmed.

Post 16 Team at Bristol City Council

Provide support for young people and their families to find post-16 learning and employment opportunities in Bristol (help for pupils just finishing Year 11)

Tel: 0117 352 5750 See [Bristol Post 16](#)

To get support: <https://www.bristolesl.com/bristolpost16/contact-us/>

The Team can provide:

- Support and Guidance for parents
 - Employment Support for young people
 - Youth Sessions for young people
 - Support on GCSE Results Day
 - Support with CVs and careers' advice:
<https://www.bristolesl.com/bristolpost16/welcome/young-people/>
 - Engagement Projects
 - Youth Guarantee Scheme in South Bristol
 - Information Sharing for parents [Parent or Carers – Bristol Post 16](#)
 - All the Post-16 opportunities are in: [Post-16 Directory 2024](#)
-

Integrate UK

Based at: Unit 6 Montpelier Central, Station Road, Bristol, BS6 5EE (open Mon-Fri 3-6pm opposite the station)

Email: info@integrateuk.org Tel: 0117 907 2998



Integrate UK inspires young people to take an active and positive role in society and to help them create the change they want to see: A society based on gender

and racial equality and cross-cultural cohesion. It is a youth-led charity who provide opportunities for young people to achieve their ambitions and aspirations through creative educational projects covering a range of contemporary societal issues.

Young people can be junior trustees, do work experience or shadowing or outreach work.

Police

Find your local Neighbourhood Team on:

[Easton and Redfield](#) | [Avon and Somerset Police](#)

Local police are involved in a range of community outreach activities to identify and understand the local issues affecting people's safety, feelings of safety and quality of life. They can also help to fund innovation projects.

If you have a concern over the summer and need to contact the police:

Call 999 to report emergencies or if you are reporting a crime that is in progress or if someone is in immediate danger.

Call 101 for non-emergencies or [Report crimes online](#)

You can also call 101 to give information to the police or make an enquiry.

If your child receives benefits-related free school meals, there are lots of holiday activities available.

***eligibility criteria applies**



**Your
Holiday
HUB**
Bristol

yourholidayhubbristol.co.uk

Your Holiday Hub is funded by the Department for Education's Holiday Activity and Food (HAF) Programme, designed to provide holiday activities and nutritious food to school age children and young people in receipt of benefits related free school meals (FSM) during the school holidays. In Bristol, we have over 18,000 children and young people in receipt of FSM that are eligible to attend the sessions which can be booked online from 11 November.

Enjoy a fun-filled winter with Your Holiday Hub Children and young people in Bristol who receive benefits-related free school meals, can join in with lots of fun activity sessions taking place during the winter school holidays (23 December to 6 January). Your Holiday Hub sessions are fully funded and include a healthy meal as part of the day. Activities range from sports to crafts, and from drama to baking plus so much more. It's a really great way for children to stay active, meet friends, have fun and learn new things. To search all the sessions and book online, please visit www.yourholidayhubbristol.co.uk. If you have any questions, please contact haf@bristol.gov.uk