

Oct 2025

Year 9 & 10 visit

We are the Curious

Mr Gookey and Ms Araujo Camilo took a group of Y9 and Y10 students to We the Curious to take part in a project with Bristol University called Feeding Futures.

The students were contributing to a research project on school food environments and comparing and contrasting food stories with other young people in Bristol and in west Ghana.

Our staff and the Bristol University staff were very impressed by how our students enthusiastically articulated their opinions.



Important Dates

Last day of term
for student is
Wednesday 22nd
October

INSET days

Thurs 23rd Oct
Fri 24th Oct

We welcome
students back on
Monday 3rd Nov

ESOL classes available for CLF parents & carers of CLF pupils



Last month, 39 parents and carers of CLF pupils started beginners English courses in the Beacon Centre at City Academy Bristol. In these ESOL classes, the adult students are learning English that will help them to feel confident in their every day life, as well as supporting them in their communications with school.



Parents/carers - Please be mindful when dropping off or collecting students at the start of or the end of the day. We have had a few complaints from the public about cars stopping in the middle of the road to let students out of cars. Causing a back up of traffic or disruption to the main

Family Support at CAB

Introducing our Family Support Team at CAB

City Academy are excited to introduce Azmina Mitha, Hinda Noor and Raul Vasile who are part of our family support team.

Please feel free to contact the team if you need any support or guidance.

Family Support Mobile and WhatsApp Number – 07864948860

Azmina Mitha

Family Support Manager
Phone: 01179 542821
Ext:0294

Azmina.mitha@clf.uk

Languages spoken: Urdu, Punjabi, Hindi, Swahili, Kutchi and Gujrati

Raul Vasile

Family Support Worker
Targeted for Gypsy Roma
Phone: 01179 413800
Ext:0207

Raul.vasile@clf.uk

Languages spoken: Romanian and Gypsy Roma

Hinda Noor

Family Support Worker
Phone: 01179 413800
Ext:0295

Hinda.noor@clf.uk

Languages Spoken: Somali



Hinda, Raul, Azmina

Matilda

Night 1- Tuesday 28th April

Night 2 -Wednesday 29th April



ROALD DAHL'S
Matilda
THE MUSICAL JR.

Doors open at 5.30pm

*The show starts In the Fielden Theatre at 6pm -Refreshments available
Tickets available through ParenPay*



Matilda the Musical

Over 80 students auditioned for our school production of Matilda this year and it was amazing to see so many talented students at the City Academy if you would like to come and see our spectacular show doors open at 5.30pm and the show starts at 6pm in the Fielden Theatre on the 28th and 29th April at 6pm with yummy and rather naughty refreshments available



Matilda Stage Crew

Congratulations to The following students who successfully secured a role in the School backstage crew for our production of Matilda

Molly Quarrel - lead Stage Manager

Alethea Tsegaye

Greta Davis-Widdess

Seren Snow

Talia Cohan Lewis

Kenzi Daveridge

Clara Parisi

Anabelle Dunn

Isla Musgrove Durant

Edie Robinso

Rupert Luke

Amber Malone

Olivia Parry

School Catering

Please find our three-weekly menu on our School website

Breakfast

07.45am - 08.15am

Free breakfast is available for all students. Bagels with jam or a selection of cereal.

Breakfast items to purchase

Scrambled Egg,
Bacon, Sausage,
Baked beans,
Tomatoes,
Mushrooms, Hash
Browns, Toast.

Lunch Time

12.40pm - 13.20pm

Served daily - Hot Meals, Pasta Bowl, Jacket Potatoes with various Fillings, Sandwiches, Paninis, Filled Baguettes (Vegetarian options available)
Hot & Cold Puddings

Free School meals

You can apply for free school meals and Pupil Premium if you get any of these benefits.

- Universal Credit if your household income is less than £7,400 a year or £616.67 a month after tax.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment & Support Allowance
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit & have an annual gross income of no more than £16,190)
- Support under Part 6 of the Immigration & Asylum Act 1999

Visit www.gov.uk/apply

Meal & Pudding - £2.60

Meal Only - £2.30 (which includes - Pasta Pot, Jacket Potato with One Filling, Panini, Filled Baguette or Sandwich)

Jacket Potato with Tuna - £2.60

Dessert Only - 80p

Fruit Plate - 80p

Soup & Roll - £2.30

Soup & Roll with Pudding - £2.60

We are now a cashless academy - all lunch payments are to be made via Parentpay

ParentPay.

Please ensure you have obtained your login details to access ParentPay. Our aim is to phase out the use of cash in School. ParentPay is an easy way to pay for Lunch, and for trips taking place throughout the academic year.

Please ensure your child has money on their account to enable them to purchase a school meal, or send them in with a packed lunch.

A Parent Pay Activation Letter will follow. If you require help setting up Parent Pay please contact our Finance office at the City Academy.

Yr 11 revision guides available on Parent Pay

To support with Y11 students with their revision, we are selling a CGP workbook for GCSE science at a subsidised cost of £5. It is available to buy on Parent Pay (GCSE science workbook). Once you have bought it let your teacher know and we will give you a copy.

Catering Assistant Vacancy at City Academy

Please visit the Eteach website to apply



Catering Assistant

Permanent

Hours - Part Time

Salary - £14,065 - £14,359

Expires - 20th October 2025 07:14 AM

Start Date - As Soon As Possible

Job ID - 1512887

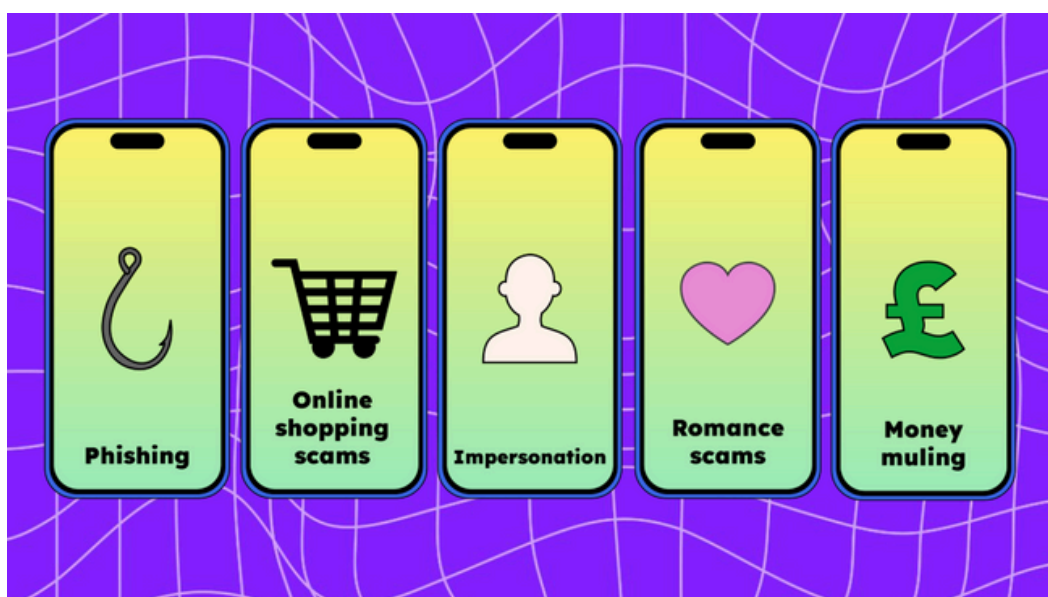
Job Reference - 43160

Safeguarding updates

As part of improving our practice the way we support our students we have conducted a student survey, allowing all students to feedback on key issues in the school. Some of these topics include how safe and welcome they feel within the school and how much support they get from their teachers in lessons. The result will help us make the school a better place for our students.

Internet Safety

This half term students have received an assembly (Y7&8) and tutor time activity (Y9,10 & 11) on internet safety, specifically how to identify and report scams. We encourage parents and carers to carefully monitor phone usage. One thing everyone can do is to ensure their privacy settings on social media are set up to avoid being scammed. <https://www.internetmatters.org/parental-controls/social-media/> have a great, easy to use guide for this. One particular area where we see more scams or social issues is through Snapchat. Users must be 13 to use Snapchat. Internet Matters has a great guide on how to set up Snapchat Family Centre where parents can see who their children are talking to, monitor their activity and control who can contact them.

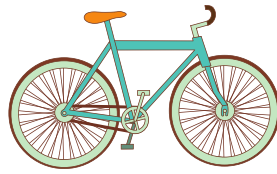




The misuse of fireworks is extremely dangerous, particularly in built-up areas where large numbers of people are present. Such behaviour can lead to serious and life-changing injuries. The police will be adopting a zero-tolerance approach to anyone found misusing, unlawfully carrying, or purchasing fireworks. Should fireworks be used irresponsibly in or around the city centre - whether over the coming weekend or at any other time - officers will use the full range of available resources to identify and, where appropriate, prosecute offenders. Offences may include assault, criminal damage, and breaches of public order. Where prosecution is not appropriate, Anti-Social Behaviour legislation may be used to prevent further incidents. This could have longer-term consequences for young people, including restrictions on their ability to access and enjoy the city centre beyond the bonfire night period.

We ask that settings support this message by reminding children of the dangers associated with fireworks, the risks involved, and by strongly discouraging any involvement in activities related to their misuse—particularly in the city centre. We will also be working with local businesses to reinforce their responsibilities around the sale of fireworks, ensuring they are sold only to age-verified adults. If your setting becomes aware of any intelligence relating to the misuse of fireworks, please report this through the appropriate channels: 999 (emergency), 101 (non-emergency), or via the online reporting system.

E-Bikes



As e-bikes become increasingly popular among young people, we want to ensure all families are aware of the current UK laws regarding their use.

What Is a Legal E-Bike?

In the UK, an electric bike must meet the following criteria to be legally used on public roads without a license or insurance:

- Have pedals that can be used to propel it.
- The motor must not exceed 250 watts.
- The motor must only assist while pedalling.
- Motor assistance must cut off at 15.5 mph (25 km/h).
- Riders must be 14 years or older.

These bikes are known as Electrically Assisted Pedal Cycles (EAPCs).

What About 500W or 1000W E-Bikes?

E-bikes with motors over 250W (such as 500W or 1000W models) are not legal for use on public roads, cycle paths, or pavements. They are classified as motor vehicles and require:

- A valid driving license
- Insurance and registration
- Helmet use
- Use only on private land with permission

Using these more powerful e-bikes without meeting legal requirements can result in fines, points on a license, or the bike being seized.

Keeping Everyone Safe

We encourage all families to check the specifications of any e-bike before purchase or use. If you're unsure whether a bike is road-legal, please feel free to reach out for guidance.

Thank you for helping us keep our community informed and safe.

Please note that any bike that does not comply with UK law and EAPC standards will not be allowed school site.



Our Trust & Academy operate a zero-tolerance stance regarding sexual harassment

a policy which extends to all forms of bullying,
harassment or discrimination in the workplace.

We would like to make all parents and carers
aware that a new mandatory duty to prevent
sexual harassment in the workplace became
effective on the 26 October 2024.

Numerous high-profile cases and campaigns have
highlighted the need for enhanced protection against
sexual harassment at work – and has now been reformed

resulting in a new Worker Protection (Amendment of
Equality Act 2010) Act 2023.



The Trust and our Academy have reflected on this important legislation and are now taking further positive, preventative action in this area to respond. This includes:



Staff training



Staff voice
exercises



Reviewing our HR
policy & procedures



Reflecting on any
learning across
the Trust

If we are made aware of any concern, we will always treat these concerns with great importance and act in accordance with our internal procedures. It is our ambition that all of our academies provide a safe, happy and enjoyable space for our colleagues, pupils and visitors.

If you do have a concern of this nature then we have a complaints policy and procedure which you can access via our website.



Bristol City of Sanctuary

Education Support Drop-ins



Are you having problems with your children's school?

Do you find it hard to put forward your views and understand the school system?

Is English not your first language?

Come to our multilingual drop-in sessions to speak to our Education Champions, who can offer support and help you communicate with schools.

Every Tuesday 10:30 - 12:00

**Easton Christian Family Centre (ECFC), Beaufort St.,
Easton, BS5 0SQ at the Refugee Women of Bristol drop-in
(reception area)**

Fortnightly Thursday 10:30 - 12:00 (from 12/06)

**Somali Resource Centre, 43 Ducie Road, Barton Hill,
BS5 0AX (reception area)**

Every Friday 10:30 - 12:00

**Easton Christian Family Centre (ECFC), Beaufort St.,
Easton, BS5 0SQ at Sadaga Women's Group
(main hall drop-in)**

For further inquiries, please contact:

bristol@cityofsanctuary.org or coordinator@bristol.cityofsanctuary.org

Are you a Bristol student who loves to write? Here's your chance to shine! Enter the **Young Writers Competition**—a platform to showcase your creativity.

This Year's Theme for all categories: "The Library"

Who Can Enter?

Open to students at Bristol Schools entering **Years 9 to 13** in the 2025/26 school year. Submit your work in one of the following categories:

- Fiction Year 9 to Year 11
- Fiction Years 12 & 13
- Non-Fiction Year 9 to Year 11
- Non-Fiction Years 12 & 13

Prizes (Per Category)

1st Place – £100
Runner-Up – £50



Submission Guidelines

Word Count: no minimum word count, maximum 800 words for both fiction and non-fiction.

Format: MS Word or PDF

Deadline: Midday, **1st November 2025**

Submit to: youngadult@cliftonlitfest.com

Eligibility: You must attend a Bristol-based school, academy, or college (confirmation required)

Winners will be announced at a special event during the **Clifton Literary Festival on 15th November 2025**, where winning pieces will be celebrated and excerpts read aloud by Paul McGann, an award-winning actor!

Let your imagination soar. Celebrate your voice. Share your story.



Use the QR
Code for all
competition
information



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MONDAYS

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TUESDAYS

5.30-7.30pm

YOUNGERZ

FOR AGES 8-11



WEDNESDAYS

6.30-8.30pm

OLDERZ

FOR AGES 12-16



THURSDAYS

5.30-7.30pm

BOYZ CLUB

FOR AGES 11-18



LOCAL SUPPORT FOR FAMILIES



Does your child need extra help? You do not need a diagnosis to find support.



Bristol Parent Carers is a friendly group run by parents to help other parents.

We run free sessions to support families and also work with the council and health services to try to make support better for families.



Bristol City Council have a Local Offer website that provides key information about services and support for children and young people in Bristol.



Sirona have information on various health needs such as mental health, toileting, trauma, eating and many other needs.

Bristol Parenting Groups

- Are you pregnant or a parent of a 0 - 8 year old?
 Would you like to add ideas and skills to your parenting toolbox?
- Would you like to develop more confidence in your parenting?
- Would you like to understand your child better?

Free
 groups for adults run by Bristol Children's Centres

Scan here to find out more and register your interest!



Your parenting toolbox:



For more information please call: **07721 311 497**
 or email: **pssso@bristol.gov.uk**

Once you have registered your interest via:
www.bit.ly/BristolParentingGroups we will be in touch to find the best group option for you.



Support for Inter-Parental Communication






FREE support available for one or both parents

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

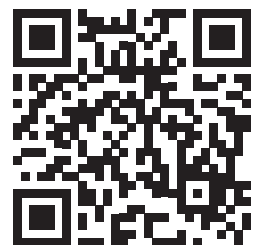
Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

Please contact Gina Pazienza:

-  relationshipsmatter@bristol.gov.uk
-  07721 635376
-  Visit the SIPCo page at www.bristol.gov.uk

When you apply, your details will not be shared with anyone else. After applying online, if you do not see our response email, please check your junk/spam folder, then mark relationshipsmatter@bristol.gov.uk as a trusted sender.

Scan QR code to find out more



Sheffield
Hallam
University





Free and Confidential Support

Call the 24/7 Helpline

08088 021 122

or visit groceryaid.org.uk

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**We are looking for girls that are
going to be in Year 8 from
September to join our team
U13's team!**

Come along and give training a go!

**We train at St Bede's every Tuesday!
We play every Sunday in Bristol Girls
League**

**We are looking for girls to push us to
the next level!**

TO CONTACT US

**Jamilkhan2191@icloud.com
U13@blufc.com**



BRISTOL STORM U16 GIRLS



**NATIONAL LEAGUE
GIRLS BASKETBALL TEAM**

**Come & join our girls
basketball team.
Learn & develop
your skills &
abilities, whilst
building your
confidence & having
fun!**



**WEDNESDAYS
20:00 - 21:30PM @
BRISTOL METROPOLITAN
ACADEMY**

**THURSDAYS
19:00 - 20:30PM @
JOHN CABOT ACADEMY**

**CONTACT SHARON FOR
ENQUIRIES AND A FREE TASTER
SESSION NOW
07743722377**

