

July 2022 - Term 6

GRT History Month

As part of our GRT History month celebrations, students supported Adam and the kitchen staff in creating a menu of food that was then served to the school. The food was delicious and gave the



students an opportunity to be proud and to represent and share their culture and identity. Students also decorated apple cakes with the Roma flag and had a lot of fun in the process.



Afghan Food Celebration

Azmina and Adam organised and cooked alongside the students a very popular dish from Afghanistan called Kabuli Pilau. The Afghan



students were so excited to help cook and serve the teachers and students. They were so proud to see their flag up in the school.

Important Dates

REMAINING TERM DATES

Term 6

Monday 6th June 2022
to Thursday 21st July 2022

OTHER DATES TO BE AWARE OF

Thursday 21st July 2022 -
students finish school at
12.30pm

**We hope you
all have a
lovely summer
break!**

Threefold Workshop

Two Drama facilitators have been in to run workshops with year 7 and 8 they have been involved in lots of improvisation and devising work associated with crime scenes and investigating key evidence. The fabulous extra-curricular group are promoting their amazing theatre company Threefold based in Easton (who explore storytelling through games and Drama). All our students have been incredibly creative and engaged.

Online Safety

Please visit the school website's Online safety tab and see how messaging service Telegram works. Included are the controversies that surround it, the safety concerns and risks it poses to children & young people as well as our top tips on staying safe when using it.

Instagram's latest updates

As we get closer to summer holidays, many platforms have begun to release more features & updates that claim to help parents & carers protect younger users. Instagram is the more recent platform to do this with it's new feature 'Supervision Tool'.
<https://ineqe.com/2022/06/24/instagrams-latest-updates/>

Laser Pens

Please note that laser pens are not permitted in the academy under any circumstances. If your child brings in a laser it will be confiscated and a parent will be called to collect.



Is your family worried about the cost of living? Future Bright could improve your career prospects

The cost of having children can be expensive, and with the addition of rising living costs, no wonder families are feeling the pinch. If you are a working parent, you could be entitled to Future Bright's free career coaching to help you take control of your future and make positive progress towards new opportunities and get better pay to support your family. In the UK, 1 in 6 jobs pay below the real Living Wage*, and with inflation being the highest in over three decades, many of us are starting to consider our options to help improve our situation.

Future Bright can offer you a dedicated career progression coach for 3-6 months working with you to:

- Create a career action plan
- Explore career opportunities
- Develop employability skills
- Build confidence and motivation

The team can also direct you to other support services, including money, benefits, counselling, and self-employed business support. To be eligible for Future Bright you need to live in the West of England (Bath & North East Somerset, Bristol and South Gloucestershire). Participants must be aged 18 or over, in paid work (including zero hours and self-employed) and receiving eligible benefits OR earning below the Real Living Wage (below £9.90 an hour). If you are unsure if you meet the criteria, contact the team to find out more and discover other support services which may be more suitable for you. Visit Future Bright at West of England Combined Authority for further information and contact details for your local area <https://bit.ly/3NwIUak>

National History Museum

We took a group of year 9 geographers to the Natural History Museum in London to explore the current installation 'Our Broken Planet'. Having studied climate change and the impacts humans are having on our planet in year 9 in geography, students were given the opportunity to see a number of artifacts and stories from species and communities that have been affected by human emissions and waste over the last few centuries. Students thoroughly enjoyed our trip to what is one of the most interesting and important museums in the UK. We look forward to going next year.



Music Making Summer Course - Tuesday 2nd – Thursday 4th Aug, 11am-14.30pm, The Station BS1 2AG

- Song writing, music production, write your own song
- A unique opportunity to into a professional recording studio
- Have fun singing or playing an instrument

To sign up please visit our website: [Art in Nature](#) | [Summer Course](#) | [Creative Youth Network](#)

Stand-Up Comedy Course - Thursday 4th Aug, 14.30pm-17.00pm, The Station (Dance studio) BS1 2AG

- Explore new ways of creating ideas through comedy and storytelling.
- Fun stand-up comedy games to improve your confidence! Using improvisation techniques to help your self-esteem, communication skills and reduce social anxiety
- Open to all 15+ year olds

To sign up please visit our website: [Stand-up Comedy Workshop](#) | [Creative Youth Network](#)

Art in Nature Summer Course - Monday 8th – Wednesday 10th Aug, 10am-2.00pm, The Nissen Hut Eastville Park, BS5 6XA

- Explore new ways of creating ideas through different art forms and storytelling.
- Fun theatre games to improve your confidence! Using improvisation techniques to help your self-esteem, communication skills and reduce social anxiety.

To sign up please visit our website: [Music Making](#) | [Summer Course](#) | [Creative Youth Network](#)

To avoid disappointment please do this sooner rather than later as places will be given on a first come first served basis, once the courses are full any further enquiries will go onto the waiting list.

Please let me know if you have any queries or would like further information: creative_dept@creativyouthnetwork.org.uk / 0117 947 7948

First LGBTQ+ CAB Pride!

During pride month the CAB LGBTQ+ group took part in the first ever City Academy Pride march. This was a great success and over 40 students and staff took part. Students also hosted a bake sale to raise money for Mermaids, a charity that supports gender diverse young people and their families. They raised an impressive £73.65 in one lunch time.

End of Year Report

Every child will receive an end of year report along with an end of term letter with important information about next year.

HPV Vaccinations

HPV vaccination catch-up clinics are available for Year 8 students who did not receive their vaccination at school. Please book an appointment at <https://imms.sirona-cic.org.uk/hpv/2021/book> If you have any queries please contact the Immunisation Team directly on 0300 124 5515 or email sirona.sch-imms@nhs.net

Year 10 Vaccinations

Meningococcal ACWY and Td/IPV (Diphtheria, Tetanus and Polio) vaccination catch-up clinics are available for Year 10 students who did not receive their vaccination at school in Year 9. Please book an appointment at <https://imms.sirona-cic.org.uk/dtp/2021/book> If you have any queries please contact the Immunisation Team directly on 0300 124 5515 or email sirona.sch-imms@nhs.net



Your Holiday Hub

Families can now find free and paid for school holiday activities via the new Your Holiday Hub (YHH) website: <https://www.yourholidayhubbristol.co.uk/>

The popular YHH programme is returning this summer offering children and young people hundreds of free, fun activities across Bristol over the six-week summer holiday. The new website means families can now search for school holiday activities - including free YHH places for children on free school meals (FSM) as well as paid for activities and clubs.

The new website makes it easier for families in Bristol to find holiday activities, all in one place, by conveniently searching what's available by location, age, or activity. Organisations offering activities can also access resources on the website as well as input and update the activities and clubs they are providing over the school holidays. The website will be updated for each holiday to reflect which activities are available over the summer, winter, and Easter school holidays.

YHH activities include cookery classes, sports, drama and learning about wildlife and the environment, and each four-hour holiday activity also includes a nutritious meal and food education.

If you care,
we care.

Carers Support Centre
Bristol & South Gloucestershire



Bristol Parent
Carer Forum

Shaping the Future *Together*



SAY
SENDING
SENDIAS

DROP IN SUPPORT GROUPS WITH FREE THERAPY SESSIONS for parents and carers of children with SEND & life-limiting conditions

Meet other parents and carers to share experiences and talk to professionals such as SEND and You or Carers Support Centre over a cuppa in a relaxed friendly environment

Travel and child care costs are reimbursed with receipts. For details email: rosie@bristolparentcarers.org.uk

JOHN WESLEY'S NEW ROOM

10:30-12:30

If you care,
we care.

4th May



If you care,
we care.

8th June

If you care,
we care.

6th July



36 The Horsefair,
Centre, BS1 3JE
Car Park: ££ Galleries
shopping centre
Buses: any to Broadmead

SOUTHMEAD COMMUNITY CENTRE

10:30-12:30

If you care,
we care.

27th April



If you care,
we care.

18th May

If you care,
we care.

22nd June



13th July



248 Greystoke Ave
Southmead BS10 6BQ
Car Park: Free
Buses: 2 & 76

THE INNS COURT CENTRE

10:30-12:30

If you care,
we care.

28th April

If you care,
we care.

26th May

If you care,
we care.

23rd June

If you care,
we care.

14th July



1 Marshall Walk,
Knowle BS4 1TR
Car Park: Free
Buses: M1

COME AND JOIN US FOR A CHAT



School Health Nurses Free webinars for parents and carers

Practical and informative online sessions from your expert team of local School Health Nurses.

Our webinars lasts between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.



Topics include:

- Keeping your child happy and healthy
- Healthy eating and physical activity
- Supporting your child's emotional wellbeing
- Eating disorder awareness
- Dental health
- Sleep

Service provided by



CREATIVE
YOUTH
NETWORK.

2nd - 4th August | 11am - 2:30pm

MUSIC MAKING SUMMER COURSE



Come and explore music production, song writing, performance and collaboration on our three-day Summer Music Making course.

This course is all about creating music and learning something new - try creating a beat using music software, writing a song in a day, and recording yourself playing an instrument.

All abilities welcome and if you play an instrument feel free to bring it along!

Sign up: www.creativeyouthnetwork.org.uk/music-making-summer-course



SCAN ME



If you have any questions or queries get in touch with
Kathleen on 07741 660 260 or Luke on 07821 687 791

Open to young people aged 12-17 from North Bristol and South Gloucestershire, but you'll need to be able to get to The Station in Bristol city centre for the 3-day course.



Held at Basement Studio, The Station, Silver Street, Bristol BS1 2AG

Supported by:



CREATIVE
YOUTH
NETWORK.

8TH - 10TH AUGUST | 10AM - 2:00PM

ART IN NATURE SUMMER COURSE



AT EASTVILLE PARK



On this three-day course, we will experiment with weaving, printing, natural dyeing, photography and a range of other skills to create artwork in nature. Make friends, collaborate and hang out in a beautiful space.

Open to all young people aged 11-16 –
from beginners to aspiring artists!



JOIN TEXTILE ARTIST JESSIE POTTER AND
ENVIRONMENTAL ARTIST JILL PARSONS AS WE
EXPLORE THE NATURAL WORLD WITH A RANGE OF
2D AND 3D TECHNIQUES.



SCAN ME



Supported by:



Esmée
Fairbairn
FOUNDATION

Sign up: www.creativeyouthnetwork.org.uk/art-in-nature-summer-course

If you have any questions or queries get in touch with Jill on 07741 661 708 or Jessie on 07741 659 917

GET CREATIVE

STAND-UP COMEDY

CREATIVE COURSE

FREE

15-20
YEAR
OLDS



SCAN ME

THURSDAY 4TH AUGUST

Course ran by stand-up Comedian Mark Olver

Details:

2pm - 5.30pm
The Station,
Silver Street,
BS1 2AG

Want to try out stand up comedy? Learn from professional comedian Mark Olver. We welcome all young people from different backgrounds, especially those underrepresented groups. The Stand-Up Comedy sector is looking for you!

Sign up now:

www.creativeyouthnetwork.org.uk/stand-up-comedy-course

Get in touch:

For more information, please get in touch via email: creative.dept@creativeyouthnetwork.org.uk

Telegram:

Your Online Safety Guide

Online Safety Shareable by



oursaferschools.co.uk

What is Telegram?

Telegram is a cross-platform messaging app that combines familiar elements from platforms like WhatsApp and Twitter into one app. Through use of AI bots, instant messaging, chat customisation, and time-bound messages, Telegram allows users to communicate with individuals, small groups, or large groups (up to 200,000 people).

It is free to download on iOS, Android, Windows, Linux, and other popular platforms. It is rated '17+' on the Apple App Store while Google Play advises 'Parental Guidance'.

According to Ofcom's 'Online Nation 2022 Report', about **3%** of 8-11 year olds and **4%** of 12-15 year olds in the UK are using Telegram.

Special Features

- Secret Chats** – Also known as 'disappearing messages', users can set 'self-destruct' times on messages, ranging from 2 seconds to a week.
- Chat Bots** – Accounts operated by Artificial Intelligence (AI) systems are used to play various games and engage in conversation with users.
- People/Groups Nearby** – These features allow users to connect with individuals or groups nearby, without making their physical location known.
- Channels** – A tool that lets a group of administrators or an individual administrator broadcast messages to an unlimited subscriber base.

Safety and Privacy Settings

- Blocking** – Users can block other users from sending unwanted messages and making contact.
- Reporting** – Users can report a group chat or channel using the tools on the app.
- Location Settings** – The sharing of your location is automatically switched off. You can enable this setting by making yourself 'visible' on the 'People Nearby' feature.
- Privacy Settings** – There are multiple privacy settings, these include options such as hiding your 'Phone Number,' 'Last Seen' status, and your 'Profile Photo.'

In our digital world, there are so many apps and platforms created to help us stay connected to those we love and find new connections with people from all over the world. This means children and young people are growing up in a time where instant messaging and video calls are equal to in-person chats – something the COVID-19 pandemic enhanced significantly. It's never been more important for parents, carers and safeguarding professionals to ensure they know the safety concerns and risks around every app available to those in their care.

WARNING

This messaging app has **NO EFFECTIVE AGE VERIFICATION** and features **unmodified chats with lots of INAPPROPRIATE CONTENT!**



Risks to Children and Young People

Limited moderation	No effective age verification	Accessible harmful content
Live location sharing	Encouraged stranger interaction	Secret Chat (Disappearing Messages)

Top Tips for Parents and Carers

- Discuss responsible sharing.** "It's important to know who you're talking to online and understanding what you are sharing isn't as private as you think."
- Walkthrough image ownership.** "Your photos and videos only belong to you."
- Talk about authenticity.** "Being 'real' and oversharing are not the same thing."
- Practice screentime boundaries.** "No one should be looking at a screen 24/7."
- Discern deepfakes & misinformation.** "Don't believe all content at first glance."
- Identify Trusted Adults.** "Who are the people you can always rely on to help you?"
- Protect personal information.** "The details that identify us should be kept private."
- Set Safety Settings.** "Let's explore how to keep you safer on this app together."
- Report inappropriate content.** "Let's figure out how to report and block together."



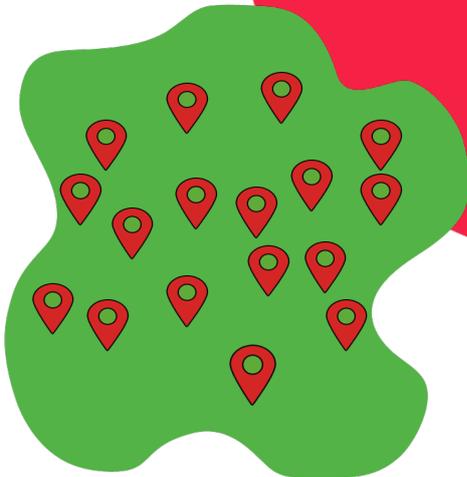
As with any social messaging app, it's important to note the potential of risk to young people - but it does not necessarily mean they are using the app in this way. If someone in your care is using Telegram, remain calm and use the opportunity to engage in a discussion.



New science!!



Thanks to
everyone
who spat in a
tube!



BRISTOL



Scan the QR code to watch the
animation and see the results
of our study





Careers Bulletin

Welcome to the City Academy's Careers Bulletin. This is a place where you can access support, resources, information and vacancies to help you on your Career Pathway.

Support at City Academy

- ★ Individual guidance and support with Miss Martin, the Career and Aspirations Coordinator, email rachel.martin@clf.uk for any enquiries
- ★ Check out Careers Corner in the library for up-to-date information and Post 16 prospectuses and apprenticeship opportunities. There is a careers notice board outside of the careers office with up to date information on open evenings and workshops dates and times.
- ★ Year 11 career advice available every lunch time
- ★ Career Pilot is a fantastic resource for all year groups and parents and can be used to gain knowledge on jobs, labour market information, how each subject links to careers and much more. Use this link <https://careerpilot.org.uk/> to create your own profile in the student zone and this will stay with you throughout your education. There is also a parent zone as well with helpful videos and lots information about courses and local further education providers.

Apprenticeships

Useful websites to find **apprenticeship vacancies**:

- ★ <https://amazingapprenticeships.com/faq> or go to @amazingappsuk on social media. This is a fantastic website with lots of information for any questions you might have, and it lists vacancies available.
- ★ <https://www.gov.uk/apply-apprenticeship>
- ★ <https://www.nbt.nhs.uk/careers/current-opportunities/apprenticeships>
- ★ <https://careemap.co.uk/> - https://careemap.co.uk/careermag-parents/?utm_source=Parents6-email&utm_medium=Social%20Media&utm_campaign=Parents6-email An e-magazine for parents about how they can support their young person.

Sign into the Government website so you can set up alerts for the type of apprenticeship you are interested in.

Refer to listings in school on the careers board which are updated each week.

Open Evenings and new course information for Year 11 students

City of Bristol College

Open day on Saturday 26th of June 10am – 1pm – book a slot on their website

Access Creative College

Open evening on Tuesday 5th of July. Visit their website and book your slot.

Miss Martin has been collecting end destination data of all year 11s it is important all students have applied to a college by this point. If any year 11 students are worried about finding a college or course for next year or if you have any questions about your next steps into post 16 education then please contact Miss Martin who is happy to help.

Year 10 Work Placement opportunities

Bristol Old Vic Theatre

Bristol Old Vic Theatre are offering 20 students an opportunity to visit and experience what it is like to work there. The day's work placement will be on the 18th July between 10am and 5pm. If students are interested, please contact Miss Martin in the careers office or sign up with their tutor.

Bristol University Science Lab Work placements

Bristol University have offered 8 students an exciting opportunity to work within their science labs for a day on Tuesday 19th of July. This opportunity is aimed at students who have a keen interest in a medical or science related career. Students will be expected to provide their own transport for this experience. For more information contact Miss Martin. Dr Farmer will pick the 8 students out of everyone interested according to suitability.

We the Curious

We wanted to offer a group work experience day at We the Curious but due to a fire they are not able to support this so have offered us a workshop in school highlighting what the company does and the roles available. This will take place on Friday the 15th of July. There will be workshops throughout the day which will be fun and insightful. Students need to sign up for this experience at the Careers Office in the white area.

Year 9 Workshops with employers

Year 9 AProduction workshops

We are delighted to work with AProduction a local animation company. We are offering 24 students a chance to work with these creative professionals on Wednesday the 6th of July for the morning. This will involve learning about the roles involved in creating children's animations and students will be set a challenge where they will pitch their ideas to AProductions.

Torchbox Digital Company

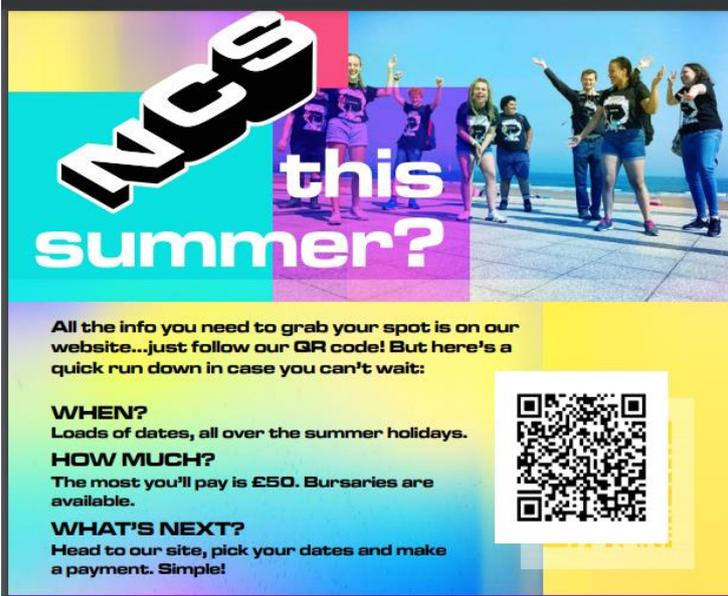
Torchbox are a creative digital company who specialise in designing and building projects, wagtail services and digital marketing. They will be running a workshop for year 9 and then will offer a work experience project and visit next year in year 10. Look out on twitter to follow the experience.

We are looking for more employers to work with next year. If you would like to work with the school, then please get in contact. We love to inspire our students with people from the local community.

Year 11 Summer opportunities

NCS summer residential

There is still time to sign up to the NCS summer programme.

A promotional graphic for NCS summer residential. The top half features a group of young people in purple and black NCS t-shirts posing on a beach. The text 'NCS this summer?' is overlaid in large, bold, white letters. Below the image, there is a yellow and blue background with text and a QR code.

All the info you need to grab your spot is on our website...just follow our QR code! But here's a quick run down in case you can't wait:

WHEN?
Loads of dates, all over the summer holidays.

HOW MUCH?
The most you'll pay is £50. Bursaries are available.

WHAT'S NEXT?
Head to our site, pick your dates and make a payment. Simple!



BE EPIC You know that buzz you feel when you nail something you thought was near to impossible? Imagine that, but for every day you're with us. Throw in meeting a new crowd and still having some time to recharge and chill. Pretty great, right?

LIVE LIFE It gets better. You'll also pick up skills designed to help you smash the whole 'adulting' thing. Want to know how to budget? Answer questions with confidence? Present to a room full of people without freezing up? Leave it to us.

DO GOOD But wait, there's more! You'll take all that you've learned and turn your passion into action. Want to see a positive change in your community? Pave the way. You'll have the tools and team to make a lasting impact.

GO PARTY And on top of all the pals, lols, and skills, you'll get a certificate to remind you of all the wins, and then go party with your team! You've got to go out with a bang, right?

Check out their web page for more details at [WEARENC.COM](https://www.wearencs.com)

College and Sixth Form contact details

CLF Post 16

[www.post16.clf.uk/find-courses-apply/apply/-](http://www.post16.clf.uk/find-courses-apply/apply/)

St Brendan's Sixth Form College

<https://www.stbrn.ac.uk/>

City of Bristol College

<https://www.cityofbristol.ac.uk/events/digital-open-event->

Campuses: College Green, Ashley Down, Parkway, Hengrove

South Gloucestershire and Stroud College

<https://www.sgscol.ac.uk/events/open-events>

Campuses: Filton, Stroud, Stoke Gifford,

Bristol Cathedral Choir School

<https://bccs.bristol.sch.uk/sixth-form/>

North Bristol Post 16 Centre

<http://www.nbp16c.org.uk/>

St Mary Redcliffe Sixth Form

<https://www.smrt.bristol.sch.uk/index.php/sixth-form>

V6 - Cotham

<http://www.v6bristol.org/>

St Bede's Catholic College

<https://www.stbedesccl.org/>

Ashton Park 6th Form

<https://www.ashtonpark.net/Sixth-Form/>

Specialist Post 16 Providers

BTE Academy

Specialise in Technology and Engineering

<https://www.bteacademy.co.uk/>

Bristol School of Art (Clifton), Clifton, Berkeley Bridgwater and Taunton College

<https://www.btc.ac.uk/events/january-virtual-showcase/>

Campuses: Bridgwater, Taunton, Cannington (land-based courses)

Access Creative College

<https://www.accesscreative.ac.uk/open-events/>

Boomsatsuma

Specialise in creative courses

<https://www.boomsatsuma.education/collegeopendays>

Register online

Digitech Studio School

Specialises in technology

<https://digitechstudioschool.co.uk/>

Bristol City Robins Foundation

Specialises in Sport / Football

<https://www.bfc.co.uk/robins-foundation/education/education-open-evening/> Campuses: Ashton

Gate, City Academy, Merchants Academy

Western College

<https://weston.ac.uk/event/open-evening-school-leavers>

Campuses: Knightstone, Loxton, South West Skills

Bath College

<https://www.bathcollege.ac.uk/>