

May 2022 – Term 5

Aladdin Success!

Earlier in April we saw the long awaited performance of Aladdin. It seems that it has been in rehearsals for over two years. However, it was well worth the wait! Principal Ben Tucker said, "I think it is the best performance I have ever seen at the Academy, just shading Beauty and the Beast from a couple of years ago. Congratulations to Emma and all the Expressive Arts team that all played a part somewhere." A huge amount of work went into this show. Students were very excited at the end after their standing ovation and we had lots of very emotional parents leaving the building which was great to see.



Important Dates

REMAINING TERM DATES

Term 5

Monday 25th April 2022
to Friday 27th May 2022

Term 6

Monday 6th June 2022
to Thursday 21st July 2022

INSET DAYS

Friday 8th July 2022

OTHER DATES TO BE AWARE OF

Monday 2nd May 2022 – Bank Holiday

Thursday 21st July 2022 – students finish school at 12pm

Friday 22nd July 2022 – closure day



Visit our new website for news and events:

<https://cityacademybristol.clf.uk/>

Follow us on Twitter @_City_Academy

First ever CAB Fast 2022

On Tuesday 26th April, we held our first ever CAB FAST at City Academy Bristol. This event took place during the month of Ramadan, where 40 members of staff chose to fast for a total of 16 hours along with their fellow Muslim colleagues and students. They signed up to fast which means they did not consume anything from sunrise to sunset, not even water, to raise money, and gain further insight into Islam.

Autism and Cyberbullying

Young people with autism have the same right to access & participate in digital spaces safely. Click below for 3 ways that you can support children with autism to mitigate the impacts of cyberbullying.

<https://ineqe.com/2022/03/29/three-ways-to-discuss-cyberbullying-with-children-with-autism/>

Mental Health Awareness Week – 9th - 15th May

CAB would like to invite you in for a coffee morning with our Education Mental Health Practitioners (EMHP), they will be there to talk and offer support on how to support your child who may be experiencing some mental health difficulties. There will be two slots available.

If your child is

KS3 (Y7,8,9) 9-9.30am

KS4 (Y10,11) 9.45-10.15am

This will take place in our Venue.

If you want to attend, can you please email lucy.sibbald@clf.uk

Staff members set their alarms to wake up just before 4am to eat a morning breakfast known as Suhoor in Arabic. The staff that participated in the challenge wore badges during the day, so they were easily identified, and as a result were supported by students with a lot of admiration and respect.

In the evening a very special Iftar was arranged by the Family Support Team and a group of enthusiastic Year 10 students who helped organise and host the event. The atmosphere of the Iftar dinner was delightful as staff, students, and members of the community enjoyed sharing their individual experiences with each other.

The guests were served a banquet of delicious food prepared by members of the community as well as made by students and staff in the catering department, including delicious samosas, pakoras, chicken pilau, vegetable biryani and tarka dhal, salads and Raita. The dessert table was overflowing with fresh fruit, lemon drizzle cake, rich chocolate brownies, Indian halwa and Arabic baklava.



We were privileged to have a special guest Shaykh Afdal Feroz, who was invited to the Iftar, and talked to the group about the essence of Ramadhan and the importance of charity during this month. Altogether, the Staff raised a total of £1085 for our local charity Bristol Refugee Rights, that City Academy supports as part of our aim to become a School of Sanctuary in Bristol.



Call out for a new Parent Councillor

As we are a Multi-Academy Trust, we have a Council rather than a Governing Body. The Council's role is to hold the Principal and staff to account, help set the strategic direction, and to review the provision in the school. We also have some specific responsibilities in terms of safeguarding, SEND, Children in Care and other areas.

Year 11 Prom

The Year 11 Prom is taking place on Friday 1st July 2022 at The Marriot Hotel, Castlemead, Bristol. Tickets are now available to purchase for £10 each. Year 11 students can only purchase these during break and lunch time from Ms Benjamin in the Finance Office (A1.24). If parents wish to purchase them on their child's behalf, this can be done via ParentPav.

Parent Coffee Mornings

A reminder that Parent Coffee Mornings take place at City Academy every Thursday morning from 9.30am until 10.30am.

These are run by our Family Support Team. If you would like further information. Please feel free to contact them by email on Azmina.mitha@clf.uk and Hinda.Noor@clf.uk Or by phone 0117 9413800 - Extension 232 (Azmina) or Extension 257 (Hinda).

All parents are welcome, there is no need to book.

Parent Contact Details

Please let us know if you have a new mobile number or have changed address or any other contact details.

We ideally need to have 3 contacts for each student in case of an emergency.

Please call us on 0117 9413800 or by email to CABinfo@clf.uk if you would like to check or amend any details.

The Council has spaces for two Parent Councillors, and one has recently left. We are therefore looking for a second parent/carer to join parent, Lian Thielen, on the Council. The role is a really important one, as you can help to improve the school going forward, and feed in ideas to support us to engage with parents/carers in the best possible way (we have recently also developed a Parental Engagement Strategy). The closing date for applications is 5pm on 18th May. If we have more than one, there will then be an election process. If you are interested in joining our team, please complete an application form on <https://forms.office.com/r/Jgm1eTShqe> or contact the office for a printed version. Ruth Pickersgill (Chair of Academy Council)

Community Engagement at City Academy



City Academy Students (Head Students (Iman Ali and Pius Alan) and City Voice Reps (Carley Lockett, Dalha Salad, Teja Dalphy and Babacar Sarr) address the Community Engagement Network

At City Academy, we recognise the importance of working with the local community to get the best outcomes for our students, so we have set up a termly Community Engagement Network with representatives from over 30 local groups contacted. At the last meeting in March, we talked to them about our Behaviour Policy, suspensions and Managed Transfers to get their views and input about best practice. As part of the

meeting, a group of our students spoke eloquently about how they found behaviour at the Academy and what they would like to see change. They were articulate and insightful and showed the school at its best. They spoke about the positive relationships they felt they have with teachers and said 'teachers are on it when we need help', and said they felt generally the lessons are good. However, they felt there needs to be more mutual respect between staff and students and better communication with a common agreed language. They would like to see peer mentoring by older students, clear expectations of behaviour which are followed through and a process for dealing with incidents that everyone understands, more diversity in the staff team, and more positive praise for the students who work hard and don't get involved in problems. The community representatives fed back how well they felt our students presented their views. All these issues will now be looked at further.



SISTERS' CIRCLE

Sisters' Circle is a weekly group for young Muslim girls of colour aged 12-25. The project aims to inspire you to dream big and break barriers!



Sessions will touch on issues such as gender inequality and islamophobia, and will use activities which aim to help build your emotional health, resilience and confidence.

**EVERY FRIDAY 4-6PM STARTING 8TH APRIL
EASTON COMMUNITY CENTRE, KILBURN STREET,
BRISTOL, BS5 6AW**

**FIND OUT MORE AND SIGN UP:
[OTRBRISTOL.ORG.UK/SISTERS-CIRCLE](https://otrbristol.org.uk/sisters-circle)**



Sisters' Circle is part of Project Zazi - an OTR project which focuses on creating opportunities, building aspirations and empowering young Black people and young People of Colour, supporting individuals in exploring culture, identity and tackling inequality. Read more at otrbristol.org.uk/zazi.



Community Children's
Health Partnership



11-19 YEARS OLD?

We help young people with
all kinds of things like ...



Message us for confidential
advice and support and to
chat with a School Nurse.



ChatHealth



Send a message to:
07312 263093

The service is open on Monday to Friday from 9am-5pm.

We do not usually inform your parents, teachers or anyone else if you contact the school nurse. We might inform someone if we are concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a member of school staff or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps) Prevent the school nurse from sending messages to you by texting STOP to our number. Please respect your schools mobile phone policy. Messages are charged at your usual rate.

Service provided by

Sirona
care & health



**Community
Food Justice
Week
Starts 9th May**

We want Bristol to be a city where everyone has access to nutritious, affordable and culturally appropriate food, which is grown, produced, sold and consumed in ways that care for people and the environment.

Food Justice is about creating a food system that is fair for everyone. It is about recognising the systemic and institutional inequity that exists in how we grow, distribute, access and use food. It's also about understanding how the skills and resources we have as individuals can differ depending on where we live, where we grow up, or what school we go to. Feeding Bristol acknowledges this injustice and is working to change this within our city.

Beginning on Monday 9th May, we are holding a 'Food Justice Week' to begin conversations about making an equitable food system. We will be launching the *One City Food Equality Strategy* with Bristol City Council, and increasing awareness of the work going on around the city with organisations that are making a positive difference within our food system for those most at risk from food inequality.

During the week, we will be hosting events around the city to give people an opportunity to listen and learn about the work happening in their locality, and to be able to feedback on the actions that they want to see in the city that will make a difference. We want to hear your voices and ideas, and represent them in the *Food Equality Action Plan*.

These sessions are about coming together, sharing, learning and listening. And having some lovely food too!

If you'd like to come along to one of the events, please click on one of the links below and sign up. We encourage you to attend the session that is closest to your own locality.

Monday 9th May, 8.30am, City Hall/Online

Food Equality Action plan and Food Justice Week Launch

We will be launching the Food Equality Strategy with the Bristol City Council Public Health and One City teams. The morning will include talks from Mayor Marvin Rees, Cllr Ellie King (Cabinet member for Public Health and Communities) and an overview of how we created the Food Equality Strategy. There will be an opportunity to give feedback on the actions that you would like to see, and the event will be available in-person and online, with facilitated online breakout rooms.

Capacity is capped at 100, but unlimited online.

Click [here](#) to order your ticket

After the launch, we will be holding events Tuesday to Friday at different locations in the city, where we will talk about the Food Equality Strategy, food justice, and listen to the actions you want to see happen in your locality. Food will be provided at all events.

Tuesday 10th May, 5pm, Lawrence Weston Community Farm

click [here](#) for tickets

Wednesday 11th May, 6pm, Felix Road Adventure Playground

click [here](#) for tickets

Thursday 12th May, 5.30pm Windmill Hill City Farm

click [here](#) for tickets

Friday 13th May, 5pm, Square Food Foundation (The Park)

click [here](#) for tickets

We hope you can come along and join in on the conversation.

All events and food provided will be *free of charge*.