

Nov 2024

Cab students visit The Wave



A group of 8 students had the luxury of attending the wave and partaking in surfing all thanks to the wave project. The group of students had 1-1 surf mentors who helped and guided them throughout the 6 weeks program. It has been an amazing opportunity that all the students have loved, teachers and support staff have seen such a positive change in the students. From not knowing how to surf to riding waves six weeks later is a massive achievement and is testament to their hard work and dedication. The surf mentors only ever had positive feedback about the students commenting about their commitment and the way they conducted themselves throughout the course.

A massive shout out to Tanya Broom and Rownita Marston who gave up their Wednesday evenings to take the students. Thank you also goes to Hardeep Konsal who got this organised for the students.

Important Dates

TERM 2

First day of term
Mon 4th Nov
Last day of term
Fri 20th Dec
at 11.50am

TERM 3

First day of term
Tues 7th Jan
Last day of term
Fri 14th Feb
INSET dates
Mon 6th Jan

TERM 4

First day of term
Tues 25th Feb
Last day of term
Fri 4th April

TERM 5

First day of term
Tues 22nd April
Last day of term
Fri 23rd May

BANK HOLS

Mon 21st April
Mon 5th May

City Academy Leads the Way on Disability Equality.

We have been involved in a unique project this term supporting Bristol Disability Equality Forum (BDEF) to develop learning materials for schools on disability equality. Disabled people and their history are often invisible in the curriculum and Disabled adults are rarely seen in schools.

CAB students worked with UWE architecture students to try and design an accessible youth club, which is one of the activities in a set of lessons called Disability Activism Bristol. They worked with WAIT (WECIL's Inclusion and Access Team) who are Disabled people with a specialism in access issues, to explore what makes spaces really inclusive and accessible to everyone.

The project was filmed by David Ellington, who is a well known Deaf filmmaker, and his film will form part of the learning materials which will be launched to schools nationally at the MSHEd in January. Hopefully our students have played a key part on raising awareness of disability equality in education.



Students take part in drama workshop with Bristol Old Vic

Fifty students from Years 8 to 10 at City Academy participated in an inspiring workshop facilitated by the talented team from the Bristol Old Vic Theatre (BOV.)

The session was full of energy, creativity, and enthusiasm, as students embraced the opportunity to learn from some of the best in the business.

The team from BOV praised the students for their talent, dedication, and teamwork, describing them as a “real asset to their school.”

Their exceptional engagement and passion for drama were rewarded, with many students being invited to join the prestigious Bristol Old Vic Young SixSix drama group.

A spokesperson for the school said: “Our students demonstrated such energy and imagination throughout the workshop.

“We are thrilled that their hard work has been recognised with an invitation to continue their drama journey with the Bristol Old Vic.

“This opportunity underscores their potential and showcases the power of creativity in education.”

The Bristol Old Vic’s Young SixSix program is a highly regarded initiative that nurtures young talent, offering participants the chance to develop their skills in a professional environment. City Academy is proud to support its students in accessing such incredible opportunities.



Governance Update

My name is Tricia Brabham and I am the Deputy Head of Governance for CLF. Along with my colleagues Liz Tincknell (Head of Governance), Will Lamb (Information Governance Coordinator), and Jackie Friday (Governance Administrator), we work closely with the Trust Board and Academy Councils (the name we give to our Local Governing Boards), on all areas of governance.

Our Academy Councils are made up of volunteers from the local community, as well as parents and staff and they have an important role in providing appropriate challenge and support to the Principal to provide the best educational experience for all students. The Academy Council meets 6 times a year, with the Principal and members of the Senior Leadership Team, in addition individual councillors may link to a particular area of school to be able to provide strategic oversight to the Academy Council on the work taking place in this area. On occasion they may also sit on panels to consider exclusions or complaints. We have vacancies across our Trust for Academy Councillors - you don't need a background in education, but be willing and able to commit time to the role, to ask questions, and to analyse data. We provide training for our councillors, and they have the support of a clerk and the wider governance team to help them in their role.

If you are interested in finding out more about the role please [complete this form](#) and we will be in touch.



School Catering

Please find our three-weekly menu on our School website

Breakfast

07.45am - 08.15am

Free breakfast is available for all students. Bagels with jam or a selection of cereal.

Breakfast items to purchase

Scrambled Egg,
Bacon, Sausage,
Baked beans,
Tomatoes,
Mushrooms, Hash
Browns, Toast.

Lunch Time

12.40pm - 13.20pm

Served daily - Hot
Meals, Pasta Bowl,
Jacket Potatoes with
various Fillings,
Sandwiches, Paninis,
Filled Baguettes
(Vegetarian options
available)

Hot & Cold Puddings

Free School meals

You can apply for free school meals and Pupil Premium if you get any of these benefits.

- Universal Credit if your household income is less than £7,400 a year or £616.67 a month after tax.
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment & Support Allowance
- Child Tax Credit (as long as you're not also entitled to Working Tax Credit & have an annual gross income of no more than £16,190)
- Support under Part 6 of the Immigration & Asylum Act 1999

Visit www.gov.uk/apply

ParentPay

Please ensure you have obtained your login details to access ParentPay. Our aim is to phase out the use of cash in School. ParentPay is an easy way to pay for Lunch, and for trips taking place throughout the academic year.

Please ensure your child has money on their account to enable them to purchase a school meal, or send them in with a packed lunch.

Afterschool Science Club

At the start of November we held our first afterschool science club where over the next 13 weeks students are able to perform their self-chosen, and self-planned research projects in an area of science that interests them. This is part of the CREST Award that is run by the British Science Association- an award that can be used to strengthen UCAS and College applications.

The 25 students who are taking part already have some great ideas in mind, including;

- How does our physical expression of emotion link to how we're actually feeling?
- Is the 5-second rule real?
- Are the soils of different planets suitable for growing plants from Earth?
- What factors affect the rate of diffusion?
- What is the optimum formula for a bath bomb?

And many more! We're really excited as a department to see what results we can find, and help build students ability and understanding of the scientific method. We will be hosting the first run of projects over Terms 2 and 3, and a second round of projects across Terms 4 & 5.

John Morgan-Riordan

Extra Curricular Activity Timetable

Club	When	Day	Time	When	Who
Netball Club	Afterschool	Monday	3pm-4pm	SH	All
Dungeons & Dragons	Afterschool	Monday	3-4pm	Discovery	All
GCSE PE Catch Up	Afterschool	Monday	3pm-4pm	TBC	11
Health and Social Care Catch up	Afterschool	Tuesday	3pm - 4pm	CE116	11
Invitation Football Club	Afterschool	Tuesday	3:00-4:00	Astro	10
Annie Production	Afterschool	Tuesday	3pm-5pm	A011	All
Mural Club	Afterschool	Tuesday	3:10pm-4:10pm	H112	7,8,9
History Homework Help	Lunchtime	Tuesday	12:40pm-1:20pm	H01	10,11
Maths Homework Club	Afterschool	Tuesday	3pm-4pm	CE010	All
Fitness	Afterschool	Wednesday	3pm-4pm	Gym	All
Kingball	Afterschool	Wednesday	3pm-4pm	SH	All
Boys Football	Afterschool	Wednesday	3pm-4pm	Astro	All
Ballet	Afterschool	Wednesday	3pm-4pm	E09	All
Chess Club	Afterschool	Wednesday	3pm-4pm	R05	All
Music Tech Club	Lunchtime	Wednesday	12:40pm-1:20pm	Music	All
Band Club	Lunchtime	Wednesday	12:40pm-1:20pm	Music	All
Guitar Club	Breaktime	Wednesday	12:40pm-1:20pm	Music	All
Wellbeing Wednesday	Lunchtime	Wednesday	12:40pm-1:20pm	R114	All
BCFC Girls Football	Afterschool	Thursday	3pm-4pm	Astro	All
DofE Club	Afterschool	Thursday	3pm-4pm	City Café	DofE Students
Young Carers	Lunchtime	Thursday	12:40pm-1:20pm	E110	All
History Revision Club	Afterschool	Thursday	3pm-4pm	H01	10,11
STEM Discovery Club	Afterschool	Thursday	3pm-4pm	R09	All
True Colours	Lunchtime	Friday	12:40-13:20	E119	All
Y11 Football	Afterschool	Friday	3pm - 4pm	Astro	11
Girls Only Jujitsu	Afterschool	Friday	3pm-4pm	SH	All
Music Club	Lunchtime	Friday	12:40-1:20	Music	All

Please find above all the Extra Curricular activities available here at
The City Academy

P16

CABOT
LEARNING
FEDERATION

Your future
starts here...



Cabot
Learning
Federation

CLF Post 16

Information Evening

Thursday 30th January 2025 16:30 to 19:00

- ✓ Find out more about the Post 16 experience
- ✓ Explore our courses
- ✓ Meet the teachers
- ✓ Take a tour
- ✓ See what CLF Post 16 can offer you!



Booking essential!

Scan here to book your place at
our information evening
or visit www.post16.clf.uk/open-event

www.post16.clf.uk



Woodside Road, Kingswood,
Bristol, BS15 8BD

APPLY NOW!

Scan here
to join us at
CLF Post 16
in 2025





Support for Inter-Parental Communication






FREE support
available
for one or
both parents

- Do you have a child or children aged between 8 and 14?
- Do you find it hard to get on with your partner or your ex?
- Do you argue or shout at each other?
- Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

Please contact Gina Pazienza:

-  relationshipsmatter@bristol.gov.uk
-  07721 635376
-  Visit the SIPCo page at www.bristol.gov.uk

When you apply, your details will not be shared with anyone else. After applying online, if you do not see our response email, please check your junk/spam folder, then mark relationshipsmatter@bristol.gov.uk as a trusted sender.

Scan QR code to find
out more



Sheffield
Hallam
University



**We are looking for girls that are
going to be in Year 8 from
September to join our team
U13's team!**

Come along and give training a go!

We train at St Bede's every Tuesday!
We play every Sunday in Bristol Girls
League

We are looking for girls to push us to
the next level!

TO CONTACT US

Jamilkhan2191@icloud.com
U13@blufc.com



BRISTOL STORM U16 GIRLS



**NATIONAL LEAGUE
GIRLS BASKETBALL TEAM**

Come & join our girls
basketball team.
Learn & develop
your skills &
abilities, whilst
building your
confidence & having
fun!



WEDNESDAYS
20:00 - 21:30PM @
BRISTOL METROPOLITAN
ACADEMY

THURSDAYS
19:00 - 20:30PM @
JOHN CABOT ACADEMY

CONTACT SHARON FOR
ENQUIRIES AND A FREE TASTER
SESSION NOW
07743722377



If your child receives benefits-related free school meals, there are lots of holiday activities available.

*eligibility criteria applies

**Your
Holiday
HUB**
Bristol

yourholidayhubbristol.co.uk

Your Holiday Hub is funded by the Department for Education's Holiday Activity and Food (HAF) Programme, designed to provide holiday activities and nutritious food to school age children and young people in receipt of benefits related free school meals (FSM) during the school holidays. In Bristol, we have over 18,000 children and young people in receipt of FSM that are eligible to attend the sessions which can be booked online from 11 November.

Enjoy a fun-filled winter with Your Holiday Hub Children and young people in Bristol who receive benefits-related free school meals, can join in with lots of fun activity sessions taking place during the winter school holidays (23 December to 6 January). Your Holiday Hub sessions are fully funded and include a healthy meal as part of the day. Activities range from sports to crafts, and from drama to baking plus so much more. It's a really great way for children to stay active, meet friends, have fun and learn new things. To search all the sessions and book online, please visit www.yourholidayhubbristol.co.uk. If you have any questions, please contact haf@bristol.gov.uk