

CAB Anti-Bullying Policy

Student Friendly Policy

What is bullying?

Bullying is not simply a 'falling out'.

Bullying is the repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.

Types of bullying

Emotional Being unfriendly, excluding, tormenting

Physical Hitting, kicking, pushing, taking another's belongings, any use of violence

Racial Racial taunts, graffiti, gestures

Grounds of faith or religion When a religious or religiously unaffiliated person chooses to intentionally or unintentionally degrade another person emotionally, mentally, or physically based on: - the bullied individual's actual or perceived religious or religiously unaffiliated identity, or - the doctrines or practices of their belief.

Direct or indirect verbal Name-calling, sarcasm, spreading rumours, teasing

Cyber-bullying Bullying that takes place online, such as through social networking sites, messaging apps or gaming sites

Homophobic/transphobic Bullying motivated by prejudice against lesbian, gay, bisexual, trans or non-binary (LGBT) people

How to report if you are being bullied

You can speak to any member of staff that you feel comfortable talking too.

Our bullying ambassadors; can find out who these are on our Anti-Bullying Display Board located in Blue

We also have an email you can report incidents too, if this is a way you feel more comfortable doing so – cabantibullying@clf.uk

Anti-Bullying leads in the school

Caroline Jewson, caroline.jewson@clf.uk Designated Safeguarding Lead

Colleen Litchfield, colleen.litchfield@clf.uk Assistant Principal