



6th December 2022

Dear Parents & Carers

Flu Vaccinations – Year 7 to 9 – Thursday 15th December

Nasal spray flu vaccinations are taking place at City Academy on Thursday 15th December for students in Year 7 to Year 9. Only students with parental consent will be given the vaccine. Consent must be given online by Friday 9th December. The link to give consent is: <https://imms.sirona-cic.org.uk/flu/2022/consent?v=1>

Further information can be found here: <https://cityacademybristol.clf.uk/wp-content/uploads/Flu-Consent-Letter.pdf>

Outdoor Gym Equipment

We are really pleased that we have recently had some outdoor gym equipment installed in our playground, which is for use by students at break time and lunch time only, when there is staff supervision. Students have been told this and must not use the equipment at any other time.

Last day of Term – Friday 16th December

A reminder that students finish after Period 3 on Friday 16th December – with our new timings of the day this year, this means students will finish at 11.45am.

Your Holiday Hub (YHH) Bristol

YHH offer a mix of free and paid for school holiday clubs and activities across Bristol for children and young people aged 4-16. To find out more information and to book, please go to: <https://www.yourholidayhubbristol.co.uk/>

Parents of Year 7 students who are eligible for free school meals, have been sent a voucher from YHH with a code to book a free place on the Bristol City Robbins football holiday camp taking place at City Academy this Christmas break. This is an excellent opportunity, and we would encourage students to attend.

Mr Tucker

Mr Tucker visited the Academy last week and is recovering well, and is very much looking forward to returning next term.

Grit, Honesty and Team Spirit

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HPV Vaccination Catch Up Clinics

HPV vaccination catch-up clinics are available for Year 10 students who did not receive their vaccination at school. Please book an appointment at <https://imms.sirona-cic.org.uk/hpv/2021/book> If you have any queries please contact the Immunisation Team directly on 0300 124 5515 or email sirona.sch-imms@nhs.net

Bristol Parent/Carer Forums

This is just a reminder that Bristol Parent Carers in conjunction with North Somerset and South Gloucestershire Parent Carer Forums are running courses for parents and carers of children who are on the waiting list for an autism assessment.

The courses cover a range of topics relating to particular challenges that autistic people and their families can face.

Some of the courses are in person in venues around the city and outside it and others are over Zoom.

All of the courses are free to attend but do need to be booked in advance via Eventbrite: <https://www.eventbrite.co.uk/o/bristol-n-somerset-and-s-glos-parent-carer-forums-41027867683>

Newsletter

A reminder that school newsletters can be found here: <https://cityacademybristol.clf.uk/wp-content/uploads/Newsletter-Term-2-November-2022.pdf>

Scarlet Fever and Strep A

The UK is currently seeing a higher number of cases of Group A strep this year than usual. The bacteria usually causes a mild infection producing sore throats or scarlet fever that can be easily treated with antibiotics. In very rare circumstances, this bacteria can get into the bloodstream and cause serious illness – called invasive Group A strep (iGAS). This is still uncommon however it is important that parents are on the lookout for symptoms and see a doctor as quickly as possible so that their child can be treated and they can stop the infection becoming serious.

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Scarlet fever is usually a mild illness, but it is highly infectious. Therefore, look out for symptoms in your child, which include a sore throat, headache, and fever, along with a fine, pinkish or red body rash with a sandpapery feel. On darker skin the rash can be more difficult to detect visually but will have a sandpapery feel. Contact NHS 111 or your GP if you suspect your child has scarlet fever, because early treatment of scarlet fever with antibiotics is important to reduce the risk of complications such as pneumonia or a bloodstream infection.

If your child has scarlet fever, please let us know, and keep them at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others.

Guidance for parents and carers:

As a parent, if you feel that your child seems seriously unwell, you should trust your own judgement.

Contact NHS 111 if or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

Good hand and respiratory hygiene are important for stopping the spread of many bugs. By teaching your child how to wash their hands properly with soap for 20 seconds, using a tissue to catch coughs and sneezes, and keeping away from others when feeling unwell, they will be able to reduce the risk of picking up, or spreading, infections.

Thank you for all your support this term,

Best wishes,

Catherine Hickey,
Vice Principal
City Academy

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